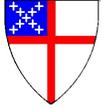


TIDINGS

SAINT JAMES EPISCOPAL CHURCH - CLAYTON, GEORGIA
EPISCOPAL DIOCESE OF ATLANTA



Volume 13 Number 2

February 2017



Margaret Mead said it: "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."
Michael Curry, in *Crazy Christians: A Call to Follow Jesus*.



Mark Your Calendar

February 1	Pastoral Care Team	9:30am
February 2	Retirees Lunch	11:30am
February 11	DOK Gathering	10:00am
February 13	AARP Safe Driving	9:00am
February 15	Flower Festival Committee	10:00am
February 17	Book Club	10:00am
February 21	Vestry	4:30pm
February 28	Shrove Tuesday Pancake Supper	6:00pm
March 1	Ash Wednesday	Noon, 5:30pm



The Ruminations of the Rector



I had trouble sleeping last night thinking about a news broadcast I listened to last night.

As all of you know it is easy to find fault, attack, make fun of, and tear down. It is also easy for anyone to find two sides to most any issue. It is easy to create controversy, separation, and alienation. And, sadly, it is often true that our society thrives on these things, buys the stories and spreads the gossip, half-truths, and innuendoes with great relish. But I ask the question, not original to me, just because we can do things, should we do them?

And this is where you and I as individuals come in and, for that matter, the editors of our news outlets. My quarrel is with his editorial question of whether a story builds up or tears down. The underlying assumption is that we all must agree about everything or we are divided. That assumption is so idiotic that it needs no discussion whatsoever. But given that idiotic assumption, was it wise of the local editor to grab an article and publish it? Was her choice helpful to the community in which she works? What kind of vision does she hold forth for this community? The editorial page of the same newscast frequently decries the lack of moral values in Washington and in the family and in society in general. The churches of this community are all trying to work to create those strong moral

values. By taking a cheap shot at the churches, has she helped us in our work? Yet that kind of thing goes on all the time. We repeat things that sheer common sense would tell you are just not true, and never give a thought to the consequences of our actions.

You know, there has been tons of ink and millions of dollars spilled over the question of how Trump was elected. Who was behind it, was it a conspiracy? But ask yourself, in the great scheme of things does it matter? Trump is president. Life has continued. And we need to ask the question of so what? more often. Because the deep down, underlying issue is, where are we going with all of this? What are we trying to build? What is our vision for the future? How do we plan to get there? And most importantly, how does what we do today help us to get there? The theory is Trump was elected because people were afraid they were not being heard, and as a result they were frightened about their future and in their heads the future of our country. Could we spend the ink and the dollars on helping each other feel like we have been heard? I know that sounds naive and dreamy. But where are we going? Because five or ten people turn out upset about an issue does that require the media to attend their rally? Does the media have a responsibility to decide if, in

Continued next page

Continued from previous page

their opinion, the protest is worth their time and energy, and therefore ours?

We make much of our freedom of speech in this country. And I am willing to defend to my death a person's right to say whatever that person wants. But having said that, I also reserve the right not to listen to him or her. I reserve the right to believe that what is being said is unhelpful, petty, or just plain stupid. And I would think that the editor of a newscast would have the same right. The media selects daily what it is going to offer us. It chooses for you what you will read over your morning cup of coffee. That is a huge responsibility. Given that responsibility, we must ask them for a clearer view of what they are trying to build. How many times in the last few years has the media dug up a situation in the world that was grave and dangerous, stirred up public opinion to focus on it, and then turned to presidents and congressmen and asked them what they intended to do about it? And then, whatever the presidents or congressman have done, the media has gone out and found all kinds of people who disagree with what they have done. Now we have a controversy! Now we can sell papers.

Jesus said, "Repent and believe the kingdom of God is drawing near." You and I are called and empowered to participate in that process. To do that, we must lift our heads and hearts to "things that are above." We must ask ourselves what is the consequence of our behavior. Just because I can do something, does that mean that I should do that thing? What is our vision? Where are we going? So what? I spent the night last night asking myself those questions instead of sleeping. Finally, I realized that I really do need a Savior and let the questions go. My sleep was troubled, but this morning came with all of its opportunities and challenges, and I prayed again for the grace of God to find my way through them. I wish you the same.

Vestry Actions — Linda Barden

The Vestry met on January 24, 2017.

In addition to addressing a number of administrative matters, the Vestry took the following action:

- ♦ approved deferring action on the 2017 budget until the February meeting.
- ♦ approved reconsidering when to send another pledge letter to the parish until after the meeting with the Bishop on Sunday.
- ♦ authorized spending around \$1,800 to repair the first three rows of roofing on the church building. The expense will come from the Capital Maintenance fund.

Complete vestry minutes can be found on the website:

www.stjamesclayton.org.

Click on Members Pages at the top of the page and select Vestry Minutes.

The next meeting of the Vestry is scheduled for February 21, 2017, at 4:30 p.m.

February is Heart Month –



How's your Heart Health?

We all want to have a healthy heart. Unfortunately, heart disease is the leading cause of death in the United States, killing more than 600,000 people each year. Some lifestyles lend themselves to the development of heart disease or cardiovascular disease. An unhealthy heart can be caused by blood vessels that have blockage due to plaque buildup (atherosclerosis), weakness of cardiac muscles, arrhythmias, congenital defects, infection, or valvular disease.

Symptoms of heart disease depends on the type of problem. **Narrowed or blocked blood vessels** prevent blood and oxygen from reaching the brain and other vital body organs. If a blood clot forms, it can stop the blood flow which can cause a heart attack or stroke. Symptoms of a heart attack include chest pain, shortness of breath, and pain in the neck, jaw, throat, upper abdomen or back. Men seem to experience more chest pain while women commonly complain of shortness of breath, nausea and fatigue.

A **heart arrhythmia** is an abnormal heartbeat. Your heart may beat too quickly, too slowly or irregularly. Symptoms can include: fluttering in your chest, racing heartbeat (tachycardia), slow heartbeat (bradycardia), chest pain or discomfort, shortness of breath, lightheadedness, dizziness, and fainting (syncope) or near fainting.

Serious **congenital heart defects** (those present at birth) are usually recognized shortly after birth. Others may be recognized later in childhood or even in adulthood. Shortness of breath during exercise or activity, easily tiring during exercise or activity and swelling in the hands, ankles or feet are symptoms.

Heart infections are caused when an irritant, such as a bacterium, virus or chemical, reaches the heart muscle. There are three types of heart infections:

- Pericarditis, which affects the tissue surrounding the heart (pericardium)
- Myocarditis, which affects the muscular middle layer of the walls of the heart (myocardium)
- Endocarditis, which affects the inner membrane that separates the chambers and valves of the heart (endocardium).

The heart has four **valves** — the aortic, mitral, pulmonary and tricuspid valves — that open and close to direct blood flow through your heart. Valves may be damaged by a variety of conditions leading to narrowing (stenosis), leaking (regurgitation or insufficiency) or improper closing (prolapse). Depending on which valve isn't working properly, valvular heart disease symptoms generally include: fatigue, shortness of breath, irregular heartbeat, swollen feet or ankles, chest pain, and fainting (syncope).

It is important to maintain routine medical care and doctor visits, and talk with your healthcare provider about any concerns. Remember to discuss any family cardiac history. It is much easier to treat heart disease if detected early. If you experience chest pain, shortness of breath or fainting, seek emergency help immediately.

In the meantime - take another look at your lifestyle – are you getting adequate rest, eating a healthy diet, getting plenty of exercise, taking medications as prescribed, drinking in moderation, and enjoying social experiences? What is your level of stress? Be aware of other risk factors – stop smoking, control blood pressure and cholesterol levels, keep diabetes under control, and maintain a healthy weight.

Leading a healthy lifestyle may be a challenge, but it can help to promote a healthy and happy heart - with added mileage!

F	FACE: Ask the person to smile. Does one side of the face droop?	
A	ARMS: Ask the person to raise both arms. Does one arm drift downward?	
S	SPEECH: Ask the person to repeat a simple phrase. Is their speech slurred or strange?	
T	TIME: If you observe any of these signs, call 9-1-1 immediately.	

Working to prevent broken hearts,

Kathy



An unhealthy heart can lead to a stroke -

Act "FAST" -

an easy way to remember and identify the most common symptoms of a stroke.

Recognition of stroke and calling 9-1-1 will determine how quickly someone will receive help and treatment. Getting to a hospital rapidly will more likely lead to a better recovery.

For more information, visit these websites

Sources:

www.mayoclinic.org

www.americanheartassociation.org

www.cdc.gov

www.stroke.org

Parish Committees

Pastoral Care Team — Kathy Booker

From the Pastoral Care Team



Planning the first of four Lunch and Learn programs has been a focus for the month of January. The program happens on Monday, January 30, in the Parish Hall. Guests will be served a light lunch, followed by a presentation by Barb Kennedy, RN, FCN. The topic is "Courageous Change", and deals with change and loss, and how we can effectively manage our reaction to those events. There are 69 guests registered for the program.

"Grieving together is growing together"

A Smart Drivers' Course is scheduled for Monday, February 13, 9am – 3pm, in the Parish Hall. Marcus Booker is the instructor. Registration is requested through the church office.

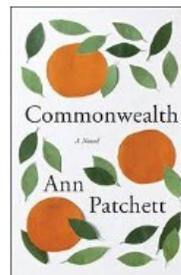
Book Club — Mary Thornton

Date: February 17, 2017

Time: 10 am

Place: Sue Paulsen's home

Book Title: *Commonwealth*, by Ann Patchett.



All are welcome and bring a sack lunch to enjoy following the discussion. Coffee is provided. Enjoy the read.

Any questions, contact Mary Thornton at marythornton04@gmail.com or 706-490-5050.

Daughters of the King — Mary Flanigen

The St. James chapter of The Order of the Daughters of the King will hold this month's gathering at a different place, time, and date. Instead of meeting at the church we will have lunch at Mama G's restaurant on **Saturday, February 18 at 12: noon**. Spouses and other guests are included.



We invite anyone who would like to learn more about our Order, or simply join us each month in worship, study and fellowship, to attend our gatherings and other events. The St. James Chapter is open for membership to all women who are communicants of St. James Church. Each Daughter pledges herself to a life-long program of prayer, service, and evangelism dedicated to the spread of Christ's Kingdom and the strengthening of the spiritual life of the parish.

Garden Guild—Kathy Booker

Snips from the Garden



Even though much of the garden continues to rest (although some of the jonquils are already blooming!), it's time to begin thinking about spring design and plantings in the gardens. So happy to see the rain!

Discussion and preparing for the annual "Flower, Garden and Liturgical Arts Festival" has begun in committee. The Garden Guild will be meeting in late February for additional planning. Watch for date and time!

Outreach — Peggy Melton



Saint James Outreach has recently helped two families each in dire need of assistance. Both families had significant illnesses that prevented them from working. St. James helped with their rent, utilities and medicines.

Cindi Dean, the Rabun County School system's Nutritionist Director advised Saint James that the funds Saint James provided her office have been set aside in a special fund. Recently, the fund made it possible to clear a Rabun County High School Senior's account owing \$200 thereby allowing him to graduate.

The Outreach Committee sent a birthday gift to Ingrid, our godchild at Our Little Roses Episcopal home in San Pedro Sula, Honduras.

Flower, Liturgical Arts & Garden Festival — Bev Mannes

Planning for the 11th Annual Flower, Garden and Liturgical Arts Festival is underway. Sixteen enthusiastic people attended our first planning meeting on January 18. We accomplished a lot and generated great ideas. We encourage anyone who wants to help in any way to come to our meetings or email me at bjm999@windstream.net. There are a lot of jobs beyond arranging flowers and it is a good way to get to know people who attend “the other church service”. There are tasks that can be done outside of the meetings so let me know if you want to help but can’t come to the meetings.



The theme this year will be BIBLE STORIES IN FLOWERS using flowers available in Biblical times if possible. Tables upstairs will focus on familiar Bible stories; small tables in the Parish Hall will interpret parables.

The dates are Friday and Saturday, June 23 and 24, from 9:30am until 4pm each day. A preview party and reception will be Thursday, June 22 at 6pm.

A container gardening demonstration will be Friday morning at 9:30am; flower arranging demonstrations by a few Saint James members will start at 9:30am Saturday.

The garden guild will work to ensure we have gorgeous plantings all around the church. Liturgical arts will be scattered throughout the church.

Meetings are the 3rd Wednesday of the month at 10am in the Parish Hall—February 15, March 15, April 19, May 17.

As you plan your gardens this year, please plant some flowers and greens that will be blooming in late June.

A new banner will be made—if you want to help, let me know. If you have an idea, share it.

I am so looking forward to working with our volunteers this year to make this a real gift for our community.

Hunger Walk/Run 2017—Jan Nash

"Ask me about my shoes."



The Atlanta Hunger Walk/Run 2017 is Sunday, March 5th 2017 at Turner Field in Atlanta. Join your Saint James team, "St. James Rabun Walkers and Runners" in fundraising for the hundreds of thousands of people living in North Georgia, who are food *insecure* - those not sure where their next meal will be found. It is our opportunity to make a difference and if you are interested, walk or run, as we learn about the plight of hungry Georgians.

The ultimate goal for our Team at Saint James is to *earn funds* for the Episcopal Community Foundation (previously named Episcopal Charities Foundation), "our" organization that supports food banks and programs around North Georgia. When parishes across the diocese partner with ECF to raise funds for hunger, that partnership results in a much larger impact on hunger that any one parish by itself can have.

So...How do you help? How do you take action in a world that desperately needs it?

Step 1 ***donate*** any amount you can either donate by credit card online or in the weekly collections by making your check out to *St. James* with MEMO - *Hunger Walk 2017*

Step 2. ***Communicate*** and share the knowledge that fellow North Georgians need support. Encourage others (friends, loved ones, and co-workers) to follow your lead in supporting the Atlanta Hunger Walk Run 2017 and donate.

Step 3 (optional) join your Saint James team on March 5th with 17,000 other participants for the 5K walk/run around downtown Atlanta. We carpool and leave St. James Clayton at 10am Sunday, 3/5/2017. **[Register](#)** as a participant for our team by following this link, remember we are the "St. James Rabun Walkers and Runners". Type that in in the "Join" link. (Having trouble? Let me know or see Bonnie in the parish office for assistance).

Want to put action to your concerns? Want to make a difference? Hunger Walk/Run not only gets you involved by donating to your team, but it also gets you talking about important HUNGER issues, and for some of us, up off our comfy chairs. Know that any type of participation makes THE difference.

And we all know how St. James, the "little blue" church (engine) that could, DOES make the difference! In 2016, we came in third place in the Diocese. THIRD! Imagine those churches with far more parishioners and resources, imagine. Recently, we even got a little friendly competitive nudge from our Bishop. The first place parish has come in first multiple years, and they are getting complacent...

So when you see me in Jeremy's old running shoes on during service, let them serve as a reminder. ***Take a walk in someone's shoes and open your heart, mind, and checkbook.***

Featured Arts—Mary Thornton

SEQUINED CALENDARS

Seeing these calendars displayed on the wall brings back memories of “old times” and family. One of my aunts always enjoyed needlework including crocheting, needlepoint, tatting and in her later years, when these became popular, she spent many hours applying sequins to complete the designs on these calendars. After giving me the first one, she realized I really enjoyed it, so for a number of years I could anticipate receiving one each Christmas until glaucoma reached the point where her vision was extremely limited.

It is a pleasure to share these with others who might appreciate the time and effort required to work on these.



Featured Quilter - Gini Caywood

Virginia Caywood, a friend of Saint James Episcopal Church, and daughter of member Maryanne Meeder, has been an active member of the Mountain Laurel Quilters Guild since 2007. Virginia is a Graphic Design artist with a second degree in Communications and Education who learned to sew clothing, knit and cross stitch at an early age. She was a member of several craft groups while living in Africa: Rhodesia, Zimbabwe and Swaziland, where she learned macramé, tatting, crochet, tie dye, needle point, basket weaving and quilting. Virginia moved back to the United States in 1992 and after 15 years in Atlanta and owning several Picture Framing Shops, has lived in Long Creek SC for 10 years. Her specialty, although interested in many types and techniques of quilting, is EPP or English Paper Piecing. She holds her Guild's Mission Statement in high regard: "to promote and perpetuate the art of quilting ... to benefit and educate those interested in preserving, continuing and advancing this art."

Three Sunsets was constructed after taking a class in Lakeland FL Sewing Expo with Debby Kratovil. It is done with Foundation piecing and incorporates many points and curves and was quilted by Ann Humphries. Sharon Ruth started Treasures but then passed it on to Virginia to finish. This piece was a challenge to them both as there was no pattern! It was quilted by Ann Humphries.



Announcements

Forward Day By Day Devotional

The February, March, April 2017 devotional booklets (large print and regular print) are now available and are located in the in the Parish Hall. Pick up your copy today.



AARP SAFE DRIVING COURSE OFFERED AT SAINT JAMES, FEBRUARY 13

Learn how to refresh your driving skills, save money, volunteer and find useful information and guidance about getting around at aarp.org/driversafety. By taking a driver safety course you'll learn the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll learn how you can manage and accommodate common age-related changes in vision, hearing and reaction time. Led by Marcus Booker, the class will be offered on Monday, February 13, 9:00am-4:00 p.m. You may register by signing the sheet in the parish hall or calling the church office. The cost is \$15 for AARP members and \$20 for non-members.

FOR FAITH

A weekly devotional from Bishop Rob Wright

To sign up for Bishop Robert Wright's weekly "FOR FAITH", go to:

<https://www.episcopalatlanta.org/news/connecting/>

At the bottom of the page, click on "Sign up for emails".

2017 ALTAR FLOWER CALENDAR

The 2017 altar flower sign-up calendar is located on the bulletin board in the parish hall. We especially need people to sign up for **February**. You may sign up in memory, or in honor of a special person or event. Please drop your \$30 check towards the flowers in the offering plate; be sure to mark "flowers" in the memo section.

Diocesan YAM Retreat

Young Adults from around the Diocese of Atlanta are coming together for the First Young Adult Ministry Retreat to be held at Serenbe Inn on March 11th. The retreat will be from 10am to 5pm. The cost of the retreat is \$20.

The Diocese of Atlanta Young Adult Ministry Day Retreat (or YAM Day Retreat) is an intentional retreat for young adults (aged 22-35) to have the opportunity to get away, relax, talk about God, and most importantly, participate in the community of fellow young adults across the Diocese of Atlanta.

This first Day Retreat will include lunch, opportunities to set and chill in some epic rocking chairs, hang out with two different Wallaces (we are a rarity), and go on a farm tour! We pray that you will consider joining us on March 11th and participate in the awesome Young Adult community of the Diocese of Atlanta!

For more information, check out the Facebook and Instagram pages. @DioAtLYAM

Registration closes February 22nd, so register now at:

<https://goo.gl/forms/eOx9xtbPApbNSUGO2>

Brown Bag Sunday

Thanks to all who bring in groceries once a month for Rabun Sharing and Caring. We are the only church who does this on a regular basis! Please limit the food you bring to small packages. A list of grocery needs can be picked up the 3rd Sunday of each month, and on the following Sunday (4th Sunday) return full grocery bags to the Parish Hall.



On the first Sunday of each month, please bring your donations for the critters at Paws4Life, and leave them in the Parish Hall. The shelter needs: Adult & puppy dog food, canned & dry cat & kitten food. (Please, no Ol' Roy brand dog food.) They always need cat litter, and appreciate the environmentally friendly wood pellets. The shelter staff and their furry residents say, *Thanks!*

INFORMATION NEEDED

The Pastoral Care Team would like to collect/update emergency contact information for each of our members. Please email or call the church office to provide the name and contact information of the person, other than your spouse, that we may contact in the event of an emergency.



CARE NOTES

CareNotes are located in the lower entrance to the church. Please feel free to go by and see if there is a topic that might be helpful for you or a friend. For school aged children, there are such topics as *Keeping School Cool*, *Bye-Bye Bully*, *Talking with Your Kids*, and *Peer Pressure*. Other subjects include financial stress, dementia, end of life issues and a wide range of issues available to you at no cost. Stop by and take a look.



A REMINDER: Be sure to clip the **General Mill's Box Tops**. Each of these little pink labels are worth 10 cents, and it adds up quickly. Bring them to the parish hall whenever you'd like. There is a little basket on the book shelf. Last year, with your help, Rabun Gap earned \$200. For a small school that is not bad, but we can do more and would love the parishioners to clip and save for us (if you are already doing it for another school, BRAVO!!!)

If you are on Facebook, take a moment to "like" the Saint James Episcopal, Clayton, Georgia, Facebook Page and invite a friend! If you don't have a page yourself, you still can visit to see photo albums and notices.

<https://www.facebook.com/pages/St-James-Episcopal-Clayton-GA/136165709779019>

Sunday Sermons Available Online or CD

The 10:30 Sunday services are recorded each week. Call Bonnie Klinect to request a copy (706 782 6179). You can listen to the sermons online at the Saint James Website: www.stjamesclayton.org Click on the sermon tab on the left side of the homepage.



If you hold an Ingles Advantage Card, Rabun Gap Middle School parents wish to link your card number so you can earn supplies for their school. The Ingles Card does many things beyond saving you money it earns you fuel points and it can earn school supply points. This is at no cost to you and does not affect your personal points.

- *You can email me your 12 digit number from the back of your card or
- *Write your name and card number on the sheets found at church, or
- *Register by following this link and enter in "Rabun Gap":

<https://www.ingles-markets.com/toolsforschools-link>

Thank you, Jan Nash

MEDICAL EQUIPMENT

Several medical equipment items are available in our inventory for loan. Contact Jack Bream if you are in need of an item—we may have it.

Parish Hall

For all who use the Parish Hall during the week, it would be helpful if you would please return the tables and chairs to the place you found them! Thank you!



Recycle

Any parts of your bulletin and/or Gazette that you do not want to keep, please leave in the rear of the church following the service. They will be recycled!

NEW EAGLE CARDS AVAILABLE

The new Eagle Discount Card is available in the church office. If you enjoy eating out, the Eagle Card will save you so much money. 21 businesses have offered fantastic continued use discounts, good until September 1, 2017! Cards are \$10 each and benefit the good works of the Rabun Gap - Nacoochee Parents Association.

PATHWAYS AVAILABLE IN THE PARISH HALL

The latest magazine published by the Episcopal Diocese of Atlanta—*Pathways* is available downstairs, please take one home. Read about how Episcopalians and non-Episcopalians are taking their love and faith beyond the walls of the church.

COFFEE AND FELLOWSHIP

New sign up sheets are posted to host the Coffee and Fellowship hour. If you've never hosted before, its as simple as making a plate of cookies and turning the coffee pot on. The sign up sheets are located on the bulletin board downstairs next to the outside door.



Parish Postings

From Ginny & Evan Heckel—From one table to another.



From Edye Bradford—

Thanks to everyone at Saint James who called, e-mailed or brought food to me after my disastrous fall...the concern and thoughtfulness was very much appreciated

Lunch & Learn - Courageous Change

The Pastoral Care Team hosted the January 30 event for the parish and the community. Seventy-five people gathered to hear Barb Kennedy, RN, FCN, talk about dealing with change and loss. A light lunch was served. The PCT plans to similar events in the future. Thanks to Jan Nash for the photos.



Guest Preacher and Celebrant Canon John Thompson-Quartey
with Jack Bream & Betsy Elsas



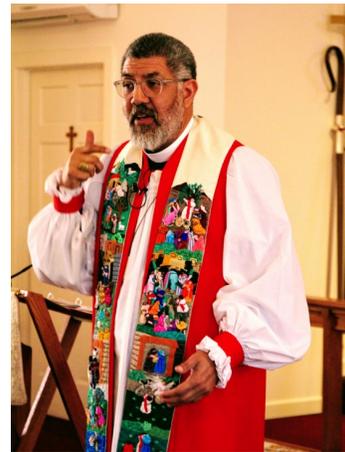
Peripatetic Worship

From Sandy Hunter—

I attended a very nice interdenominational service on the cruise ship Insignia. About 50 of the 650 passengers attended. Approximately one fourth of my fellow passengers are on a 180 day around the world cruise. I am just doing the second leg from Honolulu to Auckland.

Bishop Robert Wright visit to Saint James & Annual Parish Meeting

Thanks to Bill Monk for these photos



Passages

Happy Birthday

2/1 Caroline Moore
2/1 Judith Myers
2/2 Ann Metzgar
2/5 Eli Smith
2/6 David Fore
2/6 Gwen Leavens
2/10 Marian Jakubiak
2/10 Gene Pipkin
2/11 Becky Callahan
2/14 Shirley Pipkin
2/14 Camille Manoogian
2/15 Herb Leslie
2/17 Sam Phillips
2/19 Linda Barden
2/24 Robbin Henderson
2/26 Lawrence Nelms
2/28 Zoe Ann Zobel
2/28 Maggie Hatcher

Happy Anniversary

2/4 Betsy Elsas & Jack Bream
2/6 Robie & Bill Fisch
2/9 Sally & George Shearon
2/14 Jackie & David Tatum
2/25 Judy & Spurgeon Hays



the Lectionary



The Lessons appointed for use—RCL Year A

FIFTH SUNDAY AFTER THE EPIPHANY (February 5)

Isaiah 58:1-9a (9b-12)
Psalm 112:1-9 (10)
1 Corinthians 2:1-12 (13-16)
Matthew 5:13-20

SIXTH SUNDAY AFTER THE EPIPHANY (February 12)

Deuteronomy 30:15-20
Psalm 119:1-9
Corinthians 3:1-9
Matthew 5:21-37

SEVENTH SUNDAY AFTER THE EPIPHANY (February 19)

Leviticus 19:1-2,9
Psalm 119-33-40
1 Corinthians 3:10-11, 16-23
Matthew 6:24-34

LAST SUNDAY AFTER THE EPIPHANY (February 26)

Exodus 24:12-18
Psalm 2
2 Peter 1:16-21
Matthew 17:1-9

Cycle of Thanksgivings—Year A

Fourth Sunday after the Epiphany Presentation of Jesus in the Temple - February 5

Thanksgivings in remembrance of Simeon, The Temple elder. Other than what is recorded in the second chapter of Luke, very little is known about Simeon. Tradition is that Simeon was told he would not die before he saw the Messiah. When Jesus was presented at the Temple for the rite of purification, Simeon blessed the child with the song recorded in Luke 2:29 - 32. This is known also as the Nunc Dimittis. The traditional words to the blessing are printed on page 51 of the Prayer Book.

Fifth Sunday after the Epiphany - February 9, 2014

St Antony, fourth century Abbot (251- 356). Antony, born in Alexandria, Egypt of Christian parents, was heir to a sizable fortune. After making some provision for a younger sister, Antony gave his land to his native village, sold his goods giving the proceeds to the poor, and became a solitary ascetic. St. Athanasius, a close friend, said of Antony: "*He was like a physician given by God to Egypt. For who met him grieving and did not go away rejoicing? Who came full of anger and was not turned to kindness?... What monk who had grown slack was not strengthened by coming to him? Who came troubled by doubts and failed to gain peace of mind.*"

Sixth Sunday after the Epiphany - February 16, 2014

Celebrating the example of Mary and Martha of Bethany – The devotion and friendship of Mary and Martha have been an example of fidelity and service. Their hospitality and kindness and Jesus' enjoyment of their company, show us the beauty of human friendship and love at its best.

Seventh Sunday after the Epiphany - February 23, 2014

St. Matthias – So little is known about Matthias that he is often overlooked as a person of importance; however, as St. Peter points out (Acts 1: 21), Matthias was a first hand witness to the events from Our Lord's baptism to the resurrection. As St. Peter further points out, this first hand witness makes Matthias eligible to replace Judas Iscariot as the 12th apostle. Matthias was chosen for this ministry by lot.

Thanks to the late Bill Flanigen for these Thanksgivings.

Lay Servers — Camille Day

8:30am	<u>Lector</u>	<u>Chalice Bearer</u>	<u>Usher</u>
February 5	Linda Barden	Ron Barden	Linda Barden
February 12	Kathy Booker	Marcus Booker	Kathy Booker
February 19	Terry Thornton	Ginny Heckel	Mary Thornton
February 26	Kathy Booker	Marcus Booker	Kathy Booker

10:30am	<u>Lector</u>	<u>Chalice Bearers</u>	<u>Ushers</u>
February 5	David Fore	Deacon Anthony Sgro Peggy Melton	Becky Callahan Tom Callahan
February 12	Alan White	Bonnie Klinect Jennifer Moore	Gilda Little Lynda White
February 19	David Fore	Deacon Anthony Sgro Peggy Melton	Jan Bomar Bill Bomar
February 26	Gayle Galwik	Roxanne Hall Peggy Melton	Jan Nash Dustin Emhart

Counters

February 5	Lawrence Nelms, Jim Zobel
February 12	Lawrence Nelms, Gilda Little
February 19	Lawrence Nelms, Janice Grant
February 26	Lawrence Nelms, Jim Zobel

Saint James Flower Schedule — John Templeton

February 1, 2017- April 16, 2017

February

5 Peggy Melton	The Fifth Sunday after the Epiphany – Green Altar Hangings
12 Ann Suich	The Sixth Sunday after the Epiphany – Green Altar Hangings
19 Annie Westermann	The Seventh Sunday after the Epiphany - Green Altar Hangings
26 Kim/John Ingram	The Last Sunday after the Epiphany—Green Altar Hangings

March

5 Twigs	The First Sunday of Lent - Purple Altar Hangings
12 Twigs	The Second Sunday of Lent - Purple Altar Hangings
19 Twigs	The Third Sunday of Lent - Purple Altar Hangings
26 Twigs	The Fourth Sunday of Lent - Purple Altar Hangings

April

2 Twigs	The Fifth Sunday of Lent - Purple Altar Hangings
9 Kathy Booker	Sunday of the Passion - Palm Sunday
16 Guild	Easter Day - The Resurrection of Our Lord Jesus Christ

Members

John Templeton	706-212-0031	jht1938@windstream.net
Bev Mannes	706-782-9717	bjm99@windstream.net
Peggy Melton	706-782-5112	eston@windstream.net
Ann Suich	706-782-9506	asuich@yahoo.com
Kathy Booker	706-782-9203	kbooker@truvista.net
Betsy Elsas	706-783-2122	betsyelsas@gmail.com
John and Kim Ingram	706-212-0640	jingram@immedgroup.com kingram@immedgroup.com
Karen Pietrowicz	706-782-0781	pietrowiczk@msn.com
Rebecca Brandon	863-632-5556	rcbasod@aol.com

Please arrange your own substitute if you are unable to do the flowers for your assigned week and let Bonnie know by Tuesday of the week before your Sunday. I would also like to know as I am keeping the Master Schedule. All supplies are in the closet at the foot of the stairs on the right half. Please notify me if we need oasis or other supplies. I hope all of you know how much I appreciate your hard work...but ain't it fun. Thank you so much!

Flowers closest to September 26 are in memory of Bo Mentzer; closest to December 17 in memory of Elizabeth Murrell; Elizabeth Williams on September 12. These are annual requests.

The Most Rev. Michael Curry, Presiding Bishop
The Rt. Rev. Robert Wright, Bishop, Diocese of Atlanta
The Rt. Rev. Donald Wimberly, Assisting Bishop, Diocese of Atlanta
The Rev. Stephen M. Hall, Rector
Dr. Anthony Sgro, Deacon

Vestry and Staff

<i>Lynda White, Sr. Warden Elect</i>	<i>706-782-3150</i>	<i>Bonnie Klinect - Parish Admin</i>	<i>706-782-6179</i>
<i>John Ingram, Jr. Warden</i>	<i>706-212-0640</i>	<i>David Tatum - Treasurer</i>	<i>706-782-2875</i>
<i>Jack Bream</i>	<i>706-782-2122</i>	<i>Grat Rosazza - Music Director</i>	<i>828-212-0031</i>
<i>Ginny Heckel</i>	<i>706-490-2867</i>	<i>Robin Rogers - Organist</i>	<i>828-837-4219</i>
<i>Terri Manoogian</i>	<i>706-982-9004</i>	<i>Kathy Booker - Parish Nurse</i>	<i>706-782-9203</i>
<i>Brian Phillips</i>	<i>706-746-5160</i>	<i>Cheryl McKay - Sexton</i>	<i>706-970-7348</i>
<i>Linda Barden - Vestry Clerk</i>	<i>706-746-0272</i>	<i>Robert Bleckley - Mowing</i>	<i>706-782-3467</i>
		<i>Ginny Heckel - Newsletter Editor</i>	<i>706-782-5686</i>
<i>Scheduler for Lay Ministers</i>			<i>gheckel@wt.net</i>
<i>Camille Day</i>	<i>706-212-0545</i>		

***The mission of Saint James Episcopal Church is:
 To worship God, Renew our hearts and minds, and serve others.***



Saint James Episcopal Church

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“The end result of mission must not be a better church. The end result of mission must be a changed community.”