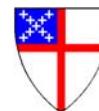


TIDINGS

SAINT JAMES EPISCOPAL CHURCH - CLAYTON, GEORGIA
EPISCOPAL DIOCESE OF ATLANTA



Volume 14 Number 2

February 2018



***The mission of Saint James Episcopal Church is:
To worship God, renew our hearts and minds , and serve others.***

What's Going on at Saint James?



Mark Your Calendar

February 3	Vestry Retreat	9:00am
February 5	Lunch & Learn	11:30am
February 6	Retirees Lunch	noon
February 7	Pastoral Care Team	9:30am
February 10	DOK Gathering	noon
February 13	Shrove Tuesday Pancake Supper	6:00pm
February 14	Ash Wednesday Holy Eucharist, Rite II with Imposition of Ashes	10:00am
February 14	Ash Wednesday Holy Eucharist, Rite II with Imposition of Ashes	5:30pm
February 16	Book Club	10:00am
February 17	The Chosen Life Workshop	9:30am
February 18	Episcopal 101 (make-up session)	2:00pm
February 18	Exploration of Lent (Demmlers' home)	5:00pm
February 20	Vestry	4:30pm
February 21	Flower Festival Meeting	10:00am
February 21	Lectionary Study	11:00am
February 22	Lenten Series	10:00am
February 26	AARP Save Driving Class	9:00am
February 28	Lectionary Study	11:00am

From the Rector



Death. It isn't something we are particularly equipped to discuss. In fact, our culture trains us not to talk about it and, instead, obsess over how to avoid it. The great irony, of course, is that we can't out run it, out shop it, out diet it, or out self-help it. For as much as advertisers would love to sell us products promising to cheat death, it is inevitable. Worse, all of this messaging that death is to be avoided (prolong its arrival) at all costs sends the secondary and more fundamental message that death is terrifying. Apparently we are to be afraid of death, reinforcing this fear by portraying death as a skeletal figure in a decaying black hooded robe.

I love the original Twilight Zone series (Rod Serling was a genius) and my favorite of these episodes is the one titled "Nothing in the Dark". The story focuses on an older woman who lives in a rundown basement apartment. She has become a hermit, hiding amid the dust that has gathered on her belongings, because she is terrified death will come to claim her. She never leaves the house, having all of her groceries delivered and left at her door by the delivery man.

One day a young man (played by Robert Redford in one of his first acting jobs) is shot and falls down the steps to her apartment. He begs her to open the door and help her because he is dying. After much resistance she finally lets him in and nurses him back to health. As you might anticipate, the young man and the older woman become friends and share much conversation during his convalescence. When the young man is well and he gets up to leave the apartment, he turns around and reaches for her hand.

He, in fact, is death come to take her away. But he is not the horrific hooded specter that she had imagined. Instead he is a friendly and kind young man with a warm invitation. He shows her there is nothing to fear and, once she has recovered from her shock, she gives the slightest of smiles and takes his hand.

You can see why this is my favorite episode and one I think of it every year as I prepare for Ash Wednesday. Ash Wednesday gets a bad reputation as a day to beat up ourselves over our own mortality and to focus on our need to repent "before it's too late". Again, the message is that we are to fear death, in this case because God is waiting like a judge sitting on his bench ready to deliver our punishment. Time is fleeting so we better accrue as much good karma as possible before meeting our demise and being forced to face the "Big Guy".

Instead, I like to imagine Ash Wednesday as the young man in the episode. It shouldn't come in with a loud thunder clap, finger pointed and ready to yell at

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us. Instead, I like to imagine Ash Wednesday as the young man in the episode. It shouldn't come in with a loud thunder clap, finger pointed and ready to yell at us. Rather, it is a kind friend with a hand outstretched, inviting us into a place we have not wanted to enter but with a reassurance that it will be ok, even beneficial.

It's no great secret nor a profound statement to say that we're all going to die someday. This is obvious. So why are we so terrible when it comes to talking about it? If it's something that happens to everyone, shouldn't we be as easy in our conversation about death as we are about birth? This is part of the invitation in Ash Wednesday. The rhythm of the church calendar pushes us into a season every year when we contemplate our own mortality not to reinforce fear but to encourage introspection. Lent is a season to acknowledge and deepen behavior that is healthy and beneficial to discipleship while also naming behavior that has been detrimental to us and our relationship with God.

"Remember you are dust, and to dust you shall return." This is not meant to instill a sense of doom and gloom but to state the obvious and encourage us to think about what we're doing in this time between. From the earth God molded us and one day we will return to that same earth in a very natural cycle. What are we making of this time between incarnation and return? How are we spending our days as living, breathing children of God? How are we helping one another? How are we hindering one another? What needs to be strengthened and what needs to be changed?

Lent is not a season for beating ourselves up. In truth, we're all pretty good at doing that ourselves year-round. Shame and self-doubt abound in our everyday lives, there's no need to designate a church season to it as well. If that were the case, I'd be the first person to walk away from the church. I can't possibly believe in a God who would tell us regularly "Be ashamed! Be very ashamed!"

We know God is a god of growth, generation, and regeneration. Our God is one of creation, love mercy, kindness, encouragement, and faith. Why then would God want us to spend an entire season obsessing about what terrible creatures we are? As I recall, God looked down on creation during the first seven days and said "It is good".

So what about Ash Wednesday and Lent? We might begin with the invitation of Ash Wednesday to not run away from contemplation and conversation about death. We might start with this opportunity to be realistic and honest and consider how prepared we are, not in the sense of the need for repentance as corrupt souls but in the sense of how well we've planned for the logistics of death. Have we had the hard conversations with our family members about our desires for our care at the end of our lives and for our burial? Have we put mechanisms in place to aid our family members after we are gone? Have we talked to the priest about funeral arrangements?

Continued on following page

These aren't morbid considerations. They aren't bad luck or fatalistic. They are about preparation and being responsible stewards. They are about love for family and friends and even for ourselves.

Something has power over us only inasmuch as we allow it. By not talking about death, we give power to the prevailing culture to define for us how we think about it and treat it. We let advertisers and corporations dictate that we as a society fear death and that it is something not even to be discussed, only hinted at in ominous ways. But the truth is that the more we talk about something, the more we become familiar with it, the more it is known and not feared.

A great blessing of my vocation as a priest is that I have had the deep, deep honor of being present with people at the time of death and immediately following it. When I first entered this space as a seminarian working as a chaplain in a heart hospital, it terrified me. I was afraid of doing or saying the wrong thing or bearing witness to something too painful. But I was wrong. Even in the most heartbreaking of circumstances there is an in-breaking of the Spirit, bringing peace.

This is what I think of every Ash Wednesday as I dip my finger in the ashes and make a cross on the forehead of all those who would come forward. I have thought of it even as I have looked into the faces of my own children as infants and said "Remember you are dust and to dust you shall return."

The unspoken words that follow are "Do not fear for I bring you great news."

I pray you all will enter into this season of Lent and engage in Ash Wednesday with a new and refreshed view, one that will invite you into deeper contemplation and spiritual health

Senior Warden — Lynda White

So much is happening at St. James in February!

February is “Heart Month” and how fitting it is that the Saint James Pastoral Care Team has planned a Lunch and Learn on February 5 from 11:30 to 1:00 – “Your Heart Health – The Beat Goes On.” We’ve had wonderful Lunch and Learns this past year and this one promises to give us facts and statistics so that we can improve our life and well-being.

Seems as if we just celebrated Christmas and yet, we’re about to move into the Lenten Season! The Shrove Tuesday Pancake Supper is on Tuesday, February 13 at 6:00 p.m. at the Rusty Bike Cafe in Clayton. The cost is \$6.00 per person with a limit of \$20/family. Many, many thanks to Al Wiggers for his work in continuing to coordinate this event! Lent begins on Ash Wednesday, February 14. Stay tuned for details from Mary+ about a Lenten study opportunity

The Vestry is having a retreat on February 3 at the Lillian Smith Conference Center. We’ve not had a retreat in the past several years and having an extended period of time, outside a regular Vestry meeting, to talk about our mission and vision, review our By-Laws, discuss governance, identify challenges, plan and engage with each other is important. We ask for your prayers as we begin our work together. Personally, I would appreciate your prayers as I begin the second year as Senior Warden.

If you’ve seen Jan Nash at church, you’ve no doubt noticed her tennis shoes! That’s because she is gearing St. James up for the 2018 Hunger Walk in Atlanta on February 25. Our St. James Team is all of us! As team members we can participate by running, walking, contributing funds and by educating ourselves about North Georgia’s hungry. Please contact Jan for additional information.

An additional February activity includes the AARP Driving Class on Monday, February 26, from 9:00 a.m. to 4:00 p.m. The class will be led by Marcus Booker. You may register by signing on the sign-up sheet in the Parish Hall or contact the church office.

Thank you to Bonnie Kline for always keeping us updated on what’s going on at St. James via the St. James Messenger that is sent by email each week. This is such a valuable reference tool and helps us keep our calendars accurate!

Please let me know if you have any questions, ideas or concerns. You may contact me at Email: alanlynda@windstream.net; Cell: 404-317-6981

Love and Peace,

Vestry Actions — Linda Barden

The Vestry met on January 16, 2018.

In addition to addressing several administrative matters, the Vestry took the following actions:

- * elected Jack Bream as Junior Warden, David Tatum as Treasurer, and Linda Barden as Secretary;
- * adopted the 2018 Budget as presented.

Complete vestry minutes can be found on the website:

<http://www.stjamesclayton.org>.

Click on Members Pages at the top of the page and select Vestry Minutes.

The next meeting of the Vestry is scheduled for the Vestry Retreat on February 3 at the Lillian Smith Center.

Treasurer — David Tatum

Year-To-Date December, 2017

Total actual income for 2017 of \$242,647s was \$7,284 greater than the budget of \$235,363. This was driven by total pledge income exceeding the budget by \$3,103 and Non-pledge Income exceeding the budget by \$12,406. Other miscellaneous income items were under budget.

Actual expenses for 2017 of \$229,257 were under the budget of \$234,747 by \$5,490. This was the result of several expense categories being under budget.

2017 actual income exceeded 2017 actual expenses by \$13,390 and exceeded the budget for Net Income by \$12,774.

The 2018 Budget recommended by the Finance Committee and approved by the Vestry on January 16, 2018 reflects a budget surplus of \$2,202 as a result of pledges increasing by almost \$30,000. Budgeted Expenses increased by approximately \$59,000 over 2017 actual expenses, primarily as a result of the increase in clergy expenses.

December 31, 2017 pledge statements were mailed January 23, 2018.

The 2017 financial statements and the 2018 budget are included in the 2017 Annual Report.

Our Rector and the Vestry thank you for your generous financial support in 2017 and your planned financial commitments for 2018.

Parish Nurse — Kathy Booker, RN, FCN

The doctor just told me I have hypertension. What does that really mean? 150/90mmHg (oops, too high!)

Hypertension is a serious medical diagnosis – it means that the pressure against the walls of your blood vessels is higher than it should be – there is greater force when blood flows through the arteries than normal. Also called high blood pressure, hypertension can strain the heart, damage blood vessels, and increase the risk of heart attack, stroke, kidney problems, and death. It means that you will need to rethink your lifestyle, work with your doctor, and include some modifications.



When the heart beats, blood is pushed through your arteries to the rest of your body. When the blood pushes harder against the walls of your arteries, your blood pressure goes up. The more blood your heart pumps and the narrower your arteries, the higher your blood pressure. Your blood pressure may be different at different times of the day. It is usually higher when you first wake up, after you exercise, or when you are under stress. Having higher blood pressure for short amounts of time is normal. However, when your blood pressure stays high for most of the time, it can cause serious health problems.

High blood pressure is a common, chronic (ongoing) health condition. It affects adults of all ages, but especially those over age 65. Around 76.4 million people in the United States have high blood pressure. About 7 million people die each year in the United States from illnesses caused by it. High blood pressure generally develops over many years, and it affects nearly everyone eventually.

Although hypertension may be nearly symptomless, it can have severe effects on the body while it goes unnoticed over time. Most people with high blood pressure have no signs or symptoms, even if blood pressure readings reach dangerously high levels. Fortunately, high blood pressure can be easily detected, and once you know you have it, you can work with your doctor to control it.

Checking the blood pressure is usually part of a physical examination. This may be the first indication that it needs evaluation and treatment. It should be checked at least every two years starting at age 18. More frequent readings are necessary if you are already diagnosed with hypertension. Even children age 3 and older will usually have blood pressure measured as part of their routine checkups because of a growing number of kids' poor lifestyle habits (unhealthy diet, obesity and lack of exercise) contribute to high blood pressure.

There are two types of high blood pressure – primary (essential) hypertension which means there is no identifiable cause. It tends to develop gradually over many years.

Secondary hypertension is caused by an underlying condition. This type tends to appear suddenly and may be caused by various conditions and medications such as: obstructive sleep apnea; kidney problems, adrenal gland tumors, thyroid problems, congenital blood vessel defects, medications (birth control pills, cold remedies, decongestants, over the counter pain relievers, and some prescriptions drugs). Illegal drugs (such as cocaine and amphetamines) and alcohol abuse can also be the source of elevated blood pressure.

There are many risk factors for developing hypertension: age, race, family history, being overweight, physical inactivity, tobacco use, excessive salt in the diet, stress, and certain chronic conditions (kidney disease, diabetes and sleep apnea). If hypertension is ignored or left untreated, the prolonged pressure can damage your blood vessels and organs in your body, and lead to: heart attack, stroke, aneurysm, heart failure, kidney, impaired vision, and trouble with memory or understanding.

The diagnosis of hypertension is by evaluating your blood pressure with an inflatable arm cuff around your arm and measuring the pressure using a pressure-measuring gauge. It is measured in millimeters of mercury (mmHg) and is reported in 2 numbers. The upper numbers measure the pressure in your arteries when your heart beats or contracts (systolic pressure). The lower number measures the pressure in your arteries between beats at rest (diastolic pressure). For example, you may be told that your blood pressure is 120/80 mmHg, which is the normal reading. Both numbers are important.

Blood pressure readings will usually be taken on several occasions before diagnosing you with hypertension because blood pressure normally varies during the day depending on activities. It is important to use an appropriate-sized arm cuff. The readings are usually taken in both arms to determine if there is a difference.

If you are diagnosed with high blood pressure, there are things you can do to help control it: changing your lifestyle through diet, exercise, weight control, no smoking, limiting the amount of alcohol consumption, and managing stress, but sometimes that isn't enough. It may be necessary to add medications and require more frequent visits to the doctor's office to get your high blood pressure under control and maintain it.

Reminder – doctor's appointments can be brief, and you don't want to forget anything, write down any questions that concern you. Be sure to have list of all the medications you are taking including name, dosage, and frequency taken. It's helpful to take someone with you – a second set of ears is always beneficial to be sure you remember what you want to ask and/or the answers and recommendations.

Hypertension is a serious medical condition – it requires understanding, treatment and compliance to keep you healthy and prevent complications. There is a plethora of information through available reputable internet sites. Do your research and ask questions if you are concerned or don't understand something. Remember that your healthcare provider and pharmacist are your best sources of information. It's important to discuss all drugs you take with your doctor and understand their desired effects and possible side effects. Never stop taking a medication and never change your dose or frequency without first consulting your doctor.

The goal is to keep you healthy and enjoying life. If you have hypertension, lowering your blood pressure decreases your chance of heart attack, heart failure, stroke, and other health problems. Keep a check on it!

For more information, visit:
www.mayoclinic
[www.ncbi.nlm.nih.gov/
pubmedhealth](http://www.ncbi.nlm.nih.gov/pubmedhealth)

Parish Committees

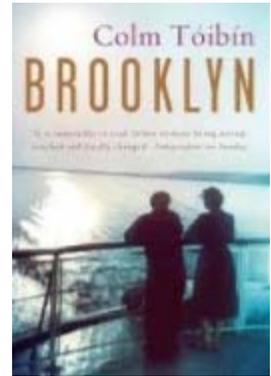
Book Club — Mary Thornton

Date: February 16
Time: 10 am
Place: Sue Paulsen's home

The book selected for discussion in February is *Brooklyn*, authored by Colm Toibin. We will also view the movie of the same title, starring Saoirse Ronan as Eilis Lacey. The story is set in Brooklyn and Ireland in the early 1950s when the young Irish woman (Eilis Lacey) crosses the ocean to make a new life for herself in America.

All are welcome to join us for an enjoyable morning. Bring a sack lunch to go with the coffee which is always provided by our hostess.

Please let me know if you are coming. Any questions, contact Mary Thornton at marythornton04@gmail.com or 706-490-5050.



Stewardship — Ginny Heckel

We are accustomed to thinking of stewardship in terms of the annual "pledge drive." However, stewardship is not an annual "event" we hold in October or November.

Stewardship is what we do with all that God has given us, all the time.

In April our Stewardship Effort at Saint James will be directed toward "Time and Talent". Watch for additional information in the March newsletter.



Choir — Alan White

Please come and join the Saint James Choir! We rehearse every Sunday morning in the Church Office beginning at 9:00 a.m. If you are interested in singing on a short-term basis only, come and join us for the Lenten Season and Easter. We are planning special music during these weeks leading up to Easter and we welcome new voices!



Outreach — Peggy Melton

Saint James was able to help some of the families that had been to Community Partnership for help with heat and other utilities. We have so many families needing help with heat due to our extremely cold weather. Thank you for your contributions to Outreach — that is how Saint James is able to help more families.

Our godchild, Ingrid was sent a birthday gift. She was 11 on her Birthday.



Our Little Roses
Foreign Mission Society



SHARING THE JOY OF CHRISTMAS

The angelic voices of the girls brought happiness to different places across San Pedro Sula where they have been singing Christmas Carols.

(Back row: Iris, Gabriela, Guadalupe, Melissa, Suyapa, Esthefany, Aylin, Mauda, Dayana A., Elizabeth, Sharol, Lizeth. Front row: Nahomy, Martha, Dania, Ingrid, Dayana E., Kensy, Brigit, Zoila, Reina, Critzenn)

Ingrid and Dayana are Saint James' godchildren.

Flower, Garden & Liturgical Arts Festival—Bev Mannes

**Friday, June 22 and Saturday, June 23 from 9:30-4:00 each day
reception Thursday, June 21 from 5:00-7:00 p.m.**



The Flower, Garden and Liturgical Arts Festival “Flowers and Faiths of Many Nations” planning is well under way in spite of having to cancel our January meeting due to icy roads. Our wrap up meeting last July gave us a big head start on our theme and many people have contacted me. All upstairs tables have been claimed, a few small downstairs tables are still available so let me know if you would like to feature a country on a small table.

There are many more jobs to be done besides arranging flowers: publicity, reception, garden work, hosts and hostesses, setup, teardown, the list goes on. Your ideas and input are valued, so please come to our monthly meetings on the third Wednesday of each month at 10:00am. The next meeting is on February 20. It is a great way to get better acquainted with our members if you are new to Saint James. Bev Mannes, Chair bjm999@windstream.net 706-782-9717

Daughters of the King — Mary Flanigen

The Saint James chapter of The Order of the Daughters of the King will gather together this month at Mama G's restaurant on **February 10 at 12:00 Noon** for our annual Valentine's luncheon. The luncheon is Dutch treat and open to all who would like to visit with us, get to know us a little better, or simply join in the fun with your friends. A table will be reserved so please let Mary Flanigen (mkinf@windstream.net or **706-212-2886**) know by 02/04/18 if you would like to attend.



We invite anyone who would like to learn more about our Order, or simply join us each month in worship, study and fellowship, to attend our gatherings and other events. The Saint James Chapter is open for membership to all women who are communicants of Saint James Church. Each Daughter pledges herself to a life-long program of prayer, service, and evangelism dedicated to the spread of Christ's Kingdom and the strengthening of the spiritual life of the parish.

United Thank Offering — Jan Bomar

Prayers of thanksgiving start when we recognize and name our many daily blessings. Thankfulness can also lead to generosity as you place your change or coins in your UTO box.

The United Thank Offering is a ministry of the Episcopal Church that began in 1889. Through the UTO, children, women and men can nurture the habit of giving daily thanks to God by putting their loose change from their pockets in a blue UTO box at the end of the day. It is amazing how quickly this adds up. All offerings are used by UTO to support grants for ministries at home and overseas as one of the outreaches of the Episcopal Church. Your prayers and offerings make it possible for the UTO mission to stretch in unexpected ways.



Here are some ways you and your family can participate:

- ◆ Pick up a couple of blue UTO boxes at St. James and place them in prominent places in your home like the kitchen counter, or wherever you keep your keys, wallet or purse. At the end of each day, place all of the loose change and small bills in your pocket or purse into the UTO box.
- ◆ If you have children, during dinner go around the table and share one thing for which you are truly grateful that day. Pass around the UTO box and insert some coins or dollars to express your gratitude.
- ◆ When saying prayers in the morning or at night, make a ritual offering to thank God for being there to hear your prayers.
- ◆ Ask every family member to make a donation in thanks for a person they love who has brought joy into their lives.

Your UTO offerings at St. James are forwarded to the Diocese of Atlanta and consolidated with UTO contributions from other Parishes in the Diocese. By combining the UTO contributions from across the Diocese and the United States, it is possible to fund significant projects that make a real difference in the work of the Episcopal Church in the Anglican Communion, and that make a real difference in people's lives. Beneficiaries in the Diocese of Atlanta have received a share of the UTO contributions in the past.

If you have UTO Boxes that you would like to turn in, please leave them in the Parish Hall or Church Office so that your offerings can be sent to the Diocese. If you prefer to write a check, please make it payable to St. James Episcopal Church, Clayton, and put "UTO Offering" on the memo line.

Also, don't forget to pick up a new UTO Box in the Parish Hall for your contributions.

Pastoral Care Team — Kathy Booker

From the Pastoral Care Team —

February is “Heart Month” and we celebrate Valentine’s Day. So, what more appropriate time to talk about our hearts?

“Your Healthy Heart – The Beat Goes On”, is the next topic for the upcoming **Lunch & Learn** on Monday, February 5, 2018, in the Parish Hall. It will be presented by EMS Captain, Trampes Stancil. Lunch is served at 11:30am and the program begins at 12noon. Make your reservations to attend now through the church office. Come and bring a friend!



February 25 – the PCT is sponsoring a **Blood Pressure Clinic** after both services in the Parish Hall. Come by and get your blood pressure checked. Information about high blood pressure will also be available.

CPR Class - Monday, March 13, 9am -12n, will be a CPR class presented by Trampes Stancil, Rabun County EMS. This class is for anyone who wants to know what to do in the event of a cardiac emergency – heart attack, stroke - and other types of emergencies – drowning, choking. This is information that could save a life – spouse, child, grand-child, friend, neighbor, or other. Come and learn how you can help. Reservations can be made through the church office. Space is limited.

First Aid Course – Monday, April 30. This course is 6 hours and covers a range of emergencies requiring first aid action. It will be taught by Trampes Stancil, EMT, and is open to anyone who would like to know how to administer first aid. Space is limited. Reservations can be made through the church office.

There are several educational opportunities available for the parish and community during the next three months. We hope you will take advantage of them. Staying Healthy!

Garden Guild — Kathy Booker

Snips from the Garden —

Winter — and all seems quiet in the gardens. Most of the plants are dormant and sleeping waiting for the spring awakening. However, there's always something to be done in the garden.

Now is the time to do some pruning especially after the snow, ice and freezing weather we've experienced. Go ahead and remove dead branches from shrubs. Japanese maples, sasanquas, and knock-out roses can be done now along with many other non-spring blooming plants.



Other tasks to be done:

- Cut roses bushes back to just above a bud and remove any crossing or dead branches.
- You can plant bare root roses now in a sunny position for spectacular summer color.
- Cut back the old foliage from ornamental grasses before new growth begins — clip them close to the ground.
- Remove old leaves from Hellebores to make new blooms more visible as they emerge this spring.
- Trim deciduous hedges before the birds start nesting.
- Continue to feed and provide a water source for the birds.

And — from your armchair — now is a good time to peruse those seed catalogues. Select and order your seeds.

Spring really is just around the corner — until then, stay warm, dry, healthy, and enjoy those winter tasks.

Artist—Bev Mannes

The art this month features paper-pieced art quilts made by Bev Mannes. They are made using two different techniques.

In the first technique, the fabric pieces are machine stitched onto a paper pattern. It is done in sections and the sections are joined into larger blocks and then into a top. The paper is removed when the sections are joined and before the quilt is layered with batting, backing and then quilted. The large black and rainbow colored quilt and the blue and gold quilt are made this way. This technique allows crisp sharp points and precise blocks.

In the second technique, fabric is hand-stitched over a paper template and the individual pieces are hand-stitched into a motif. The motifs are hand-stitched together to form the top. It is an old technique, done by our great-grandmothers. The paper is removed before the top is layered and quilted. The rainbow pinwheels quilt is made this way.

There are more details of each process and samples of each type of piecing hung from ribbons by the quilts. You can flip them over to see the paper and fabric sides.

Enjoy!



Parish Posting—Reverend Mary

2018 Lenten Series: Biblical Hermeneutic

Believe it or not, you have a biblical hermeneutic! A "hermeneutic" is a way of interpreting something, specifically of interpreting scripture. Every one of us brings our own lens and spin to our reading of the Bible, one that has been formed by our teachers, community, and culture. Join the Rev. Mary Demmler as she highlights four broad hermeneutics found in Christianity and how they influence theology. How does a literalist's approach drive their passion for evangelism? How does a relativist's approach result in very little dogma and doctrine and a seemingly contradictory theology? The class will meet Thursdays from 10-11:30 a.m. in the parish hall, beginning February 22 and will run through March 22. We'll take off March 8 for spring break.

Lenten Workshop: The Life We Choose

Owning the Life We Choose and Struggling with the Voices that Influence our Decisions

Lent is meant to be a time of introspection to examine the life we are living. Join The Rev. Mary Demmler for a special Saturday workshop where we'll look at our lives through four different lenses to help us understand better the life we have and feel empowered in the life we choose. By walking through the life we could have, the life we should have, the life we're called to, and the life we want, we begin to realize how we allow different factors to push our decision making. Learn to recognize the voices you may need to clear out of your mind, make room for your wants and dreams, and then move forward with a better sense of the power you have in choosing the path in front of them.

The workshop will be Saturday, February 17, from 9:30 a.m. - 3 p.m. in the Parish Hall. Lunch will be provided. Please sign up by calling the church office or on the sheet provided in the Parish Hall.

Special Service at the Demmlers

The themes of Lent can be confusing or even intimidating...and that's just for the adults! Children and young adults often bring a different set of questions and considerations to Ash Wednesday and the disciplines we are called to observe in the season that follows.

All are welcome to join in an exploration of these themes in a special service at the Demmlers' home on Sunday, February 18, at 5 p.m. This is a particularly helpful service for anyone with questions of how we tie Palm Sunday

Continued on next page

and the passion narrative back to Ash Wednesday and the start of our Lenten journey. It is also another opportunity for people who wish to participate in the imposition of ashes but may not be able to attend an Ash Wednesday service.

Bring a jacket because, weather allowing, we will be outside for part of the service for the burning of the palms. Please contact the church office to let us know if you plan to attend. While this service is designed primarily for young people, everyone can attend, learn, and find spiritual nourishment from this time together.

Bev Mannes and Peggy Melton went to The Cathedral of St. Philip in Atlanta on January 24 and did a flower arrangement for the area outside of Mikell Chapel. The stained glass window in the chapel is entitled "Make a Joyful Noise", so we incorporated musical instruments in our arrangement and took the choir banner to complete the theme. Included in the arrangement was a clarinet, violin, toy French horn, tambourine and decorative brass trumpet. We included a hymnal opened to number 390, "Praise to the Lord".

While there, we toured the cathedral and saw magnificent floral arrangements in the nave and throughout the building. A professional floral designer who was on the European flower arranging trip with us did two demonstrations on Friday. We attended and got some great ideas. It was such fun!

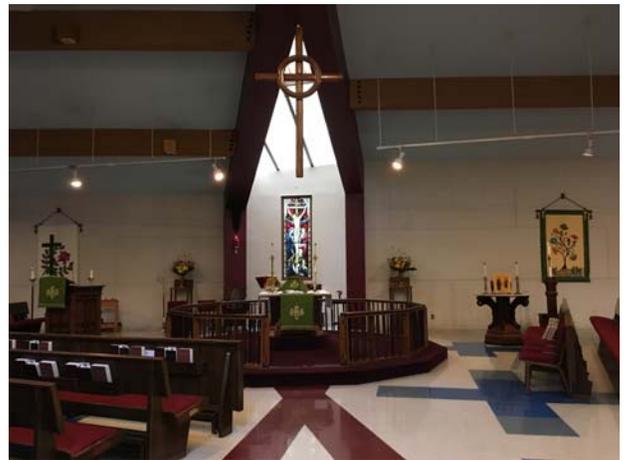
All that came by just thought it was wonderful. We are proud to represent the church in the Mountains



Peripatetic Worship

From Ginny Heckel—

I attended St. Mary's Episcopal Church, Cypress, TX, for the celebration of their Rector's 25th Anniversary of her Ordination to the Priesthood. The Reverend Beth Fain happens to be my best friend. The day was filled with the joy of family, friends and parishioners who gathered for worship and a luncheon celebration. It was AWESOME!



Announcements

LUNCH AND LEARN—FEBRUARY 5

Join us for the next Saint James Pastoral Care Team Lunch and Learn, "Your Heart Health--The Beat Goes On". One way or another we are all affected by heart health whether it's ours or our loved ones. Learn the facts, learn the statistics, and take action to improve your life and well-being. Join us, Monday, February 5th from 11:30 a.m. until 1 p.m. with Rabun County Emergency Services Captain, Trampes Stancil. RSVP with Bonnie [here](#) or at 706.782.6179, space for lunch is limited. Lunch and Learns are free and open to the public. The Pastoral Care team is honored to continue the sessions in 2018. Donations are welcome, but not expected.

SHROVE TUESDAY PANCAKE SUPPER

Once again we will celebrate Shrove Tuesday, February 13, with a pancake supper at the Rusty Bike Café at 6:00 p.m. The cost is \$6/person with a limit of \$20/ family. Please sign up and pay ahead of time by making your checks out to Saint James and marking "pancakes" in the memo section of your check.

EPISCOPAL 101

The make-up class for Episcopal 101 on Worship, will be held Sunday, February 18, 2:00-3:30 p.m. in the Nave. All are welcome to attend this class even if you haven't attended other classes.

ANNUAL REPORTS ARE ONLINE

The Annual Reports for 2017, including the Treasurer's Report, have been posted to the Saint James website. Click [here](#) to read the reports. The web page requires a password: enter **stjar17** when prompted.

Please take a moment to read these wonderful reports. So many people put a lot of time and energy in their work, I really hope you read through them. A special thanks to Ginny Heckel for collecting and posting the documents to the website. If you prefer a paper copy, please email the office [here](#).

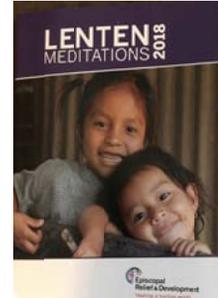
RETIREES LUNCH

The Retirees Lunch will be held at Ishy's Grill on Tuesday, February 6 at noon. We each pay for our own meal and enjoy good fellowship.

LENTEN MEDITATIONS

Pick up a copy of the Lenten Meditations provided through Episcopal Relief and Development in the church foyer or parish hall.

Sign up to receive a daily email meditation. [Click here.](#)

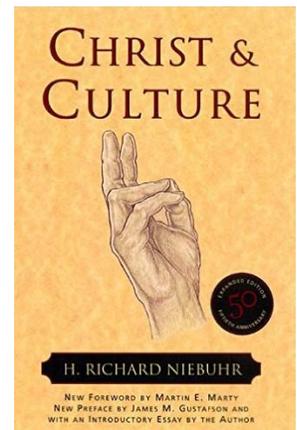


CPR CLASS

Tuesday, March 13, 9am -12n in the Parish Hall. This class is open to anyone who would like to be prepared for a cardiac emergency – at home, work, school, or community event. This includes heart attack, stroke, choking, drowning, and more. The instructor will be Trampes Stancil, EMT Captain. Mark your calendar, and register through the church office. Class size is limited to 20.

CHRIST AND CULTURE BOOK STUDY

Now is the time to plan ahead! Dan Wilson and Mary Demmler will be co-leading a series on H. Richard Niebuhr's classic book "Christ and Culture". Is it possible to be both a Christian and participant in today's culture? How much of the culture is changed for the good by Christian participation in it and how much is the faith watered down or the church compromised by this same participation? For over 65 years seminaries have used the same text book to help students understand the challenges of being both Christian and ethical in contemporary times.



Classes will begin the week after Easter (April 8). You are encouraged to start reading the book in late February to prepare for the class. **Please let the church office know by February 21 if you would like to buy a book.** We will place an order on February 22 so that the books will be available for pick up the following week. The books are \$12 each. The classes will be Sundays from 2-3:30 p.m. on the following days: April 8, 15, 29, May 6, 13, 27, and June 3. We will skip April 22 and May 20 due to scheduling conflicts.

THE GO SUMMIT: Local and Global Mission in the Diocese of Atlanta

This event will be held on Saturday, February 10, 2018, 8:30 a.m. to 3:00 p.m. at the Cathedral of St. Philip, 2744 Peachtree Rd. NW in Atlanta. The keynote speaker will be Robert Lupton, founder of Focused Community Strategies and author of several books including "Toxic Charity," "Theirs is the Kingdom", and "Renew the City." Registration begins January 1 at:

www.episcopalatlanta.org/Mission-Work/Around-the-World.



THE GO SUMMIT:

Local and Global Mission in the Diocese of Atlanta

Saturday, February 10, 2018 | 8:30 am to 3:00 pm

The Cathedral of St. Philip | 2744 Peachtree Rd NW, Atlanta, GA 30305

Keynote Speaker:
Robert Lupton
Founder of Focused
Community Strategies
and author of several
books including
Toxic Charity, *Theirs
is the Kingdom*, and
Renewing the City



Featuring:
**The Rt. Rev.
Robert C. Wright**
Bishop of the
Diocese of Atlanta



For more information contact:
Terry Franzen at
terryfranz@gmail.com

Register online after January 1 at www.episcopalatlanta.org/Mission-Work/Around-the-World

Sponsored by the Diocese of Atlanta
Global Mission Commission | Ministry Innovations Task Force
Absalom Jones Episcopal Center for Racial Healing | Episcopal Relief and Development



4755 N. Peachtree Rd., Atlanta, GA 30338 | 770.455.6523 | stpat.net

Join us for our Lenten series, "Water in a Dry and Weary Land", as we hear from different voices about their journeys of creating a way or rule of life that sustains and refreshes them in those times that are dry and weary.

Each session is facilitated by a presenter with deep spiritual insight and on-the-ground experience. We offer a simple soup dinner in the Parish Hall at 6 p.m., with the program to follow in the nave from 7-8p.m.

NOTE: Reverend Mary is speaking on February 22

EVENTS AND SPECIAL SERVICES IN LENT, HOLY WEEK, AND EASTER

THURSDAYS IN LENT, Evening Dinner & Lenten Series: "Water in a Dry and Weary Land" Parish Hall & Nave, 6:00–8:00 p.m.

FRIDAYS IN LENT, Stations of the Cross, 6–7:30 p.m.

3/2: led by Artists, 3/23: Families Stations of the Cross

LENTEN QUIET DAY, Saturday, 2/17, 8:30 am to 12 noon

PALM SUNDAY - March 25 - The Sunday of the Passion

8:00 am and 10:30 am (Procession from front parking lot at 10:30 am)

HOLY WEEK

MONDAY in Holy Week, March 26, Noonday Prayer, Chapel, 12:15 pm

TUESDAY in Holy Week, March 27, Noonday Prayer, Chapel, 12:15 pm

WEDNESDAY in Holy Week, March 28

11:30 am Ministry of Healing, Nave

7:30 pm Tenebrae, Nave (*no meal*)

THURSDAY in Holy Week, March 29, Maundy Thursday

7:30 am Holy Eucharist and Healing, Chapel

7:30 pm Holy Eucharist, Foot Washing, Stripping of the Altar, Nave

9:00 pm - 9 am March 30, Vigil at the Altar of Repose, Chapel

GOOD FRIDAY - March 30

12:00 pm, Good Friday Liturgy, Chapel

7:30 pm, Good Friday Liturgy, Nave

HOLY SATURDAY - March 31

10:00 am Holy Saturday Liturgy, Chapel

EASTER SUNDAY- April 1

6:30 am Easter Vigil with Holy Eucharist, Nave

8:00 am Easter Breakfast, Parish Hall

9:30 am Children's Easter Egg Hunt

10:30 am Flowering of the Cross, Holy Eucharist, Nave

Hunger Walk/Run 2018 - Jan Nash

It is time again for Hunger Walk/Run! February 25 in downtown Atlanta our Saint James Team will gather with 15,000 others and visibly show our support and celebrate this campaign of raising of funds to feed North Georgia's hungry. As Mary+ so beautifully noted in the sermon on Sunday, we as Christians need to "be woke", be aware, here are just a few statistics that you can change....

- **26% of Georgia kids don't have enough to eat**
- **10% of Georgia seniors don't have enough to eat**
- **Every \$5 donated will feed 20 people**

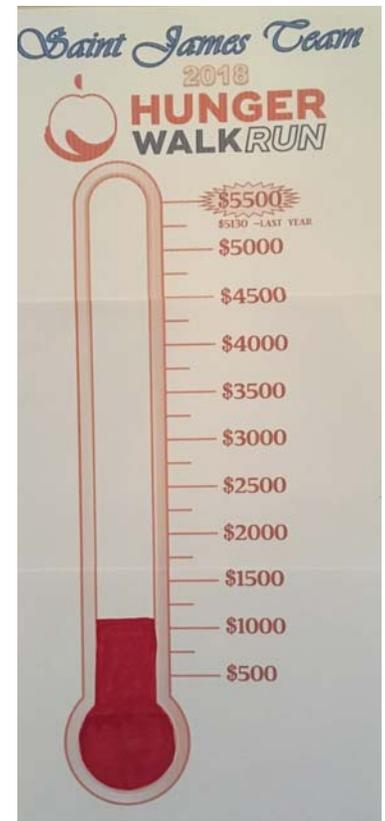
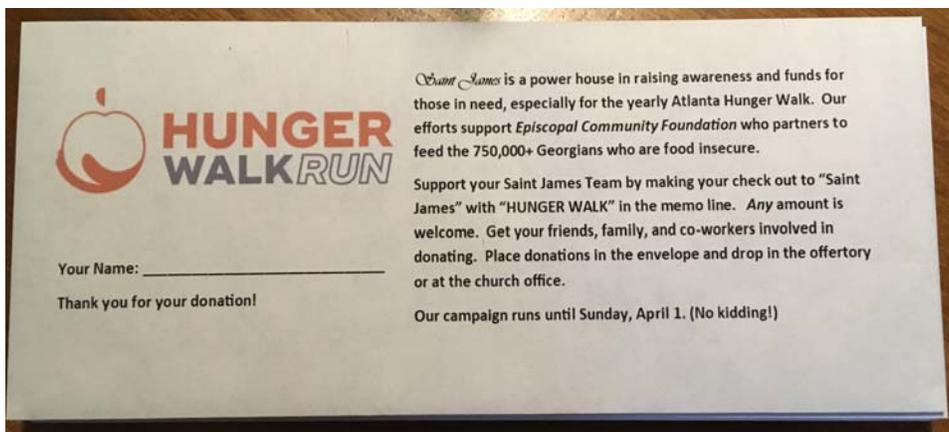
Our Saint James Team is *not* just those who travel to Atlanta in February. We as a parish are the "Saint James Team". Your participation comes in many forms.

- Most importantly the funds you give or can generate by educating others who will sponsor our walk/run. Please click [HERE](#) to donate. Or write your check and place it in the offertory or give it to Bonnie during office hours. Make it payable to ST. JAMES with memo: HUNGER WALK 2018.

- If you can walk slow or run fast consider using your abilities to motivate others to support you financially and become be an active participant in Atlanta. [Click HERE](#). (Walkers are \$25 Runners are \$35 and additional donations are appreciated).

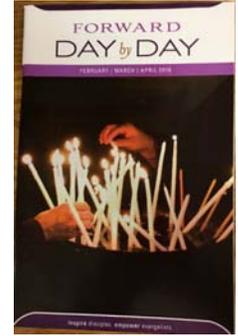
- Educate yourself and see first hand those in need. Visit the local food shelter, donate on Sharing and Caring Sundays, open your eye to those sleeping and existing outside this winter, and take opportunities to be there for others and hear their stories.

Need to know more? Contact Jan Nash jannash94@gmail.com



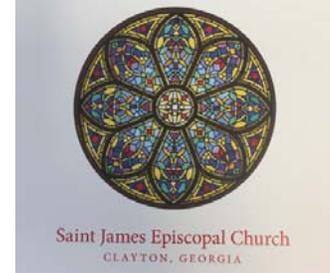
FORWARD DAY BY DAY DEVOTIONAL

The February, March April devotional booklets (large print and regular print) are now available and are located in the in the Parish Hall. Pick up your copy today.



SAINT JAMES NOTECARDS

We have beautiful note cards for sale in the church office. The cards with our stained glass window on the cover are available for \$1.00 each, 10 for \$8, or 12 for \$10. All proceeds will benefit the Pastoral Care Team.



2018 SAINT JAMES CALENDARS

The annual Saint James Calendars available for purchase. All proceeds from this annual calendar support the Saint James Flower, Garden & Liturgical Arts Festival. To reserve your calendar, contact Ginny Heckel, gheckel@windstream.net.



ERD IS READY TO HELP

Please give today to Episcopal Relief and Development's Hurricane Relief Fund and help our partners reach vulnerable communities devastated after Hurricane Irma and other major storms. In the face of what could be a record-breaking hurricane season, please make an urgent gift today to provide relief to devastated communities in the Caribbean and the US.

Please send your donations to the Hurricane Relief Fund:

1. Mail a check to Episcopal Relief & Development
PO Box 7058
Merrifield, VA 22116-7058
2. Online giving
<http://www.episcopalrelief.org>



NEW FLOWER CHART—2018

The 2018 flower chart for designating flowers on the altar each Sunday is located on the bulletin board in the parish hall. Parishioners can honor, celebrate, or remember a special occasion or person. Choose the Sunday you wish, then send a contribution of \$30.00 to the church office to cover the cost of the flowers.

HAVE YOU EVER THOUGHT ABOUT BEING A MASTER GARDENER?

If you would like to learn more about soil, trees, lawns, shrubs, flowers, etc.; teaching youth and others about gardening, and helping in your community as a volunteer this class is for you. The Master Gardener class for 2018 is forming and is open to resident of Habersham, Rabun and White counties. Classes will be held on Tuesdays from 9-11, March 6-May 22. For more information contact Steven Patrick, Habersham County Extension Service at 706-754-2318 or email stevep@uga.edu.

VOLUNTEERS NEEDED

The Food Bank of Northeast Georgia is always interested in new volunteers. If you are interested in having a good time and helping families in need in north east Georgia the Food Bank is the place to do it. If you are interested as an individual or if you could organize a group to volunteer in the evening, please drop by the Food Bank or contact Robin Canady at 706-782-0780 or email at volunteer.mtn@foodbanknega.org.



INFORMATION NEEDED

The Pastoral Care Team would like to collect/update emergency contact information for each of our members. Please email or call the church office to provide the name and contact information of the person, other than your spouse, that we may contact in the event of an emergency.

MEDICAL EQUIPMENT

Several medical equipment items are available in our inventory for loan. Contact Jack Bream if you are in need of an item—we may have it.

BROWN BAG SUNDAY

Thanks to all who bring in groceries once a month for Rabun Sharing and Caring. We are the only church who does this on a regular basis! Please limit the food you bring to small packages. A list of grocery needs can be picked up the 3rd Sunday of each month, and on the following Sunday (4th Sunday) return full grocery bags to the Parish Hall.



On the first Sunday of each month, please bring your donations for the critters at Paws4Life, and leave them in the Parish Hall. The shelter needs: Adult & puppy dog food, canned & dry cat & kitten food. (Please, no Ol' Roy brand dog food.) They always need cat litter, and appreciate the environmentally friendly wood pellets. The shelter staff and their furry residents say, *Thanks!*



RECYCLE

Any parts of your bulletin that you do not want to keep, please leave in the rear of the church following the service. They will be recycled!

PARISH HALL

For all who use the Parish Hall during the week, it would be helpful if you would please return the tables and chairs to the place you found them! Thank you!



CARE NOTES

CareNotes are located in the lower entrance to the church. Please feel free to go by and see if there is a topic that might be helpful for you or a friend. A wide range of topics are available to you at no cost. There are also CareNotes that will help your children and grandchildren. Stop by and take a look.

If you are on Facebook, take a moment to “like” the Saint James Episcopal, Clayton, Georgia, Facebook Page and invite a friend! If you don’t have a page yourself, you still can visit to see photo albums and notices.

<https://www.facebook.com/pages/St-James-Episcopal-Clayton-GA/136165709779019>

NEW EAGLE CARDS AVAILABLE

The new Eagle Discount Card is available in the church office. If you enjoy eating out, the Eagle Card will save you money with 28 businesses offering fantastic continued use discounts, good until September 1, 2018! Cards are \$20 each and benefit the good works of the Rabun Gap - Nacoochee Parents Association.

FOR FAITH

A weekly devotional from Bishop Rob Wright

To sign up for Bishop Robert Wright’s weekly “FOR FAITH”, go to:

<https://www.episcopalatlanta.org/news/connecting/>

At the bottom of the page, click on “Sign up for emails”.



A REMINDER: Be sure to clip the **General Mill’s Box Tops**. Each of these little pink labels are worth 10 cents, and it adds up quickly. Bring them to the parish hall whenever you’d like. There is a little basket on the book shelf. Last year, with your help, Rabun Gap earned \$200. For a small school that is not bad, but we can do more and would love the parishioners to clip and save for us (if you are already doing it for another school, BRAVO!!!)



If you hold an Ingles Advantage Card, Rabun Gap Middle School parents wish to link your card number so you can earn supplies for their school. The Ingles Card does many things beyond saving you money it earns you fuel points and it can earn school supply points. This is at no cost to you and does not affect your personal points.

- *You can email me your 12 digit number from the back of your card or
- *Write your name and card number on the sheets found at church, or
- *Register by following this link and enter in "Rabun Gap":

<https://www.ingles-markets.com/toolsforschools-link>

Thank you, Jan Nash

YOU ARE INVITED TO THE



CELEBRATION OF THE LIFE AND MINISTRY OF

Absalom Jones

[First African American Priest in the Episcopal Church]

Absalom Jones Center for Racial Healing & Reconciliation

807 Fair Street

Atlanta, GA 30314

SUNDAY FEBRUARY 11, 2018

THREE O'CLOCK IN THE AFTERNOON

A reception will follow the worship service

***SOMEWHERE** we must come to see that **HUMAN PROGRESS** never rolls in on the wheels of inevitability. It comes through the tireless efforts and the persistent work of dedicated individuals who are willing to be **CO-WORKERS WITH GOD**. And without this **HARD WORK**, time itself becomes an ally of the primitive forces of social stagnation. So we must help time and realize that **THE TIME IS ALWAYS RIPE TO DO RIGHT**.*

Dr. Martin Luther King Jr.



Bringing Faith Home

Revitalization of the Church Begins in the Home

The office of Congregational Vitality, the Commission for Christian Faith Formation of Atlanta, and Grace Episcopal Church present an exciting workshop... Bringing Faith Home: Revitalization of the Church Begins in the Home, at Grace Church on Saturday, March 3 from 9:00 AM until 3:00 PM.

Workshop participants will gain language and tools to nurture vibrant faith formation and help change attitudes about church from something we "do" to how we live.

Learn how to:

- create bonds between church and home
- elevate the role of home in formation and outreach
- foster maturity of parishioners into the role of shepherd of souls

Bringing Faith Home will be facilitated by The Rev. Dr. David Anderson, Co-Director at Milestones Ministry. Anderson has written numerous books and articles on partnering home and congregation in faith formation.

This workshop is open to anyone. Cost is \$20 at the door, which includes lunch. Scholarships are available. For more information email Cheryl Kelley, ckelley@gracechurchgainesville.org

Grace Episcopal Church is located at 422 Brenau Ave., Gainesville.



To register, please fill out the form located at
www.gracechurchgainesville.org/bringingfaithhome

Passages

Happy Birthday

February 1 Caroline Moore
February 2 Ann Metzger
February 2 Mary Demmler+
February 4 Curtis Romp
February 5 Eli Smith
February 6 David Fore
February 10 Marian Jakubiak
February 11 Becky Callahan
February 12 Bailey Demmler
February 14 Shirley Pipkin
February 14 Terri Mannogian
February 15 Herb Leslie
February 17 Sam Phillips
February 18 Dan Wilson
February 19 Linda Barden
February 24 Hannah Demmler
February 24 Robbin Henderson
February 26 Lawrence Nelms
February 28 Zoe Ann Zobel
February 28 Maggie Hatcher

Happy Anniversary

Betsy Elsas & Jack Bream February 4
Robie & Bill Fisch February 6
Sally & George Shearon February 9
Jackie & David Tatum February 14
Judy & Spurgeon Hays February 25



the Lectionary



The Lessons appointed for use—RCL Year B

**FIFTH SUNDAY AFTER THE EPIPHANY
(February 4)**

Isaiah 40:21-31
Psalm 147:1-12, 21c
1 Corinthians 9:16-23
Mark 1:29-39

**LAST SUNDAY AFTER THE EPIPHANY
(February 11)**

2 Kings 2:1-12
Psalm 50:1-6
2 Corinthians 4:3-6
Mark 9:2-9

**ASH WEDNESDAY
(February 14)**

Joel 2:1-2, 12-17
Psalm 103
2 Corinthians 5:20b-6:10
Mathew 6:1-6, 16-21

**FIRST SUNDAY IN LENT
(February 18)**

Genesis 9:8-17
Psalm 25:1-9
1 Peter 3:18-22
Mark 1:9-15

**SECOND SUNDAY IN LENT
(February 25)**

Genesis 17:1-7, 15-16
Psalm 22:22-30
Roman 4:13-25
Mark 8:31-38

Lay Servers

Last Update: 10/17 by MRHD	February 4	February 11	February 14	February 18	February 25
One holy & apostolic calendar	Fifth Sunday after the Epiphany	Sixth Sunday after the Epiphany	Ash Wednesday	Lent 1	Lent 2
8 A.M.			10:00 a.m.		
Lector	Kathy Booker	Vicki Darrah	Kathy Booker	Terry Thornton	Linda Barden
Chalice Bearer	Marcus Booker	Ginny Heckel	Marcus Booker	John Templeton	Ron Barden
Ushers	Jean & Steve Gustafson	Kathy & Rocky Ford	Jan & Bill Bomar	Mary Thornton	Kathy Booker
10:30 a.m.			5:30 p.m.		
Lector	Susan Staiger	Martha Ezzard	Alan White	Nannette Curran	Alan White
Chalice Bearer	Peggy Melton	Bonnie Klinect	Ginny Heckel	Jennifer Moore	Paulette Williams
Acolyte	Huston Sgro	Cassidy Klimasewski	Bagley SGro	Hannah & Bailey Demmler	Harper Phillips
Intercessor	Deacon Anthony	Deacon Anthony	Deacon Anthony	Deacon Anthony	Deacon Anthony
Altar Guild	Zoe Ann Zobel and Mary Wilson				
Tellers	Gilda Little & Dustin Emhart	Lawrence Nelms & Camille Day		Jim Zobel and Tom Callahan	Janice Grant & Nannette Curran
Ushers	Dirk Brown & Tim Burns	Lynda White & Jennifer Moore	Bonnie Klinect Lynda White	Becky and Tom Callahan	Dustin Emhart and Gilda Little
Hospitality					
VPOD	Becky Callahan	Ginny Heckel		Brian PHillips	Jan Bomar

Saint James Flower Schedule — John Templeton

February

4	Tim Burns	The Fifth Sunday after the Epiphany—Green Altar Hangings
11	Peggy Melton	The Last Sunday after the Epiphany—Green Altar Hangings
18	Twigs	The First Sunday in Lent—Purple Altar Hangings
25	Twigs	The Second Sunday of Lent—Purple Altar Hangings

March

4	Twigs	The Third Sunday of Lent—Purple Altar Hangings
11	Twigs	The Fourth Sunday of Lent—Purple Altar Hangings
18	Twigs	The Fifth Sunday of Lent—Purple Altar Hangings
25	Kathy Booker	Sunday of the Passion: Palm Sunday—Red Altar Hangings

April

1	Guild	Easter Day—White Altar Hangings
8	Bev Mannes	Second Sunday of Easter—White Altar Hangings
15	John Templeton	Third Sunday of Easter—White Altar Hangings
22	Betsy Elsas	Fourth Sunday of Easter—White Altar Hangings
29	Rebecca Brandon	Fifth Sunday of Easter—White Altar Hangings

Members

John Templeton	706-212-0031	jht1938@windstream.net
Bev Mannes	706-782-9717	bjm99@windstream.net
Peggy Melton	706-782-5112	eston@windstream.net
Kathy Booker	706-782-9203	kbooker@truvista.net
Tim Burns	404-663-4126	timb10pop@yahoo.com
	201-658-4961	
Sharyn McCabe	706-782-5594	shay36@bellsouth.net
Karen Pietrowicz	706-782-0781	pietrowiczk@msn.com
Betsy Elsas	706-783-2122	betsyelsas@gmail.com
Rebecca Brandon	863-632-5556	rcbasod@aol.com

Please arrange your own substitute if you are unable to do the flowers for your assigned week and let Bonnie know by Tuesday of the week before your Sunday. I would also like to know as I am keeping the Master Schedule. All supplies are in the Flower Room. Please notify me if we need oasis or other supplies. I hope all of you know how much our efforts enrich the worship services of Saint James.

Flowers closest to Sept. 26th are in memory of Bo Mentzer, closest to December 17th in memory of Elizabeth Murrell, and Elizabeth Williams on September 12th. These are annual requests.

The Most Rev. Michael Curry, Presiding Bishop
The Rt. Rev. Robert Wright, Bishop, Diocese of Atlanta
The Rt. Rev. Donald Wimberly, Assisting Bishop, Diocese of Atlanta
The Rev. Mary Demmler, Rector
Dr. Anthony Sgro, Deacon

Vestry and Staff

<i>Lynda White, Sr. Warden</i>	<i>706-782-3150</i>	<i>Bonnie Klinec, Parish Admin</i>	<i>706-782-6179</i>
<i>Jack Bream, Jr. Warden</i>	<i>706-782-2122</i>	<i>David Tatum, Treasurer</i>	<i>706-782-2875</i>
<i>Jan Bomar</i>	<i>706-782-1436</i>	<i>Alan White, Music Director</i>	<i>706-782-3150</i>
<i>Becky Callahan</i>	<i>706-782-8429</i>	<i>Robin Rogers, Organist</i>	<i>828-837-4219</i>
<i>Ginny Heckel</i>	<i>706-490-2867</i>	<i>Kathy Booker, Parish Nurse</i>	<i>706-782-9203</i>
<i>Brian Phillips</i>	<i>706-746-5160</i>	<i>Cheryl McKay, Sexton</i>	<i>706-970-7348</i>
<i>Linda Barden, Vestry Clerk</i>	<i>706-746-0272</i>	<i>Robert Bleckley, Mowing</i>	<i>706-782-3467</i>
		<i>Ginny Heckel, Newsletter Editor</i>	<i>706-490-2867</i>
			<u><i>gheckel@wt.net</i></u>



Saint James Episcopal Church

260 Warwoman Drive
P.O. Box 69
Clayton, GA 30525
706-782-6179

[**saintjames@windstream.net**](mailto:saintjames@windstream.net)
[**www.stjamesclayton.org**](http://www.stjamesclayton.org)

"The end result of mission must not be a better church. The end result of mission must be a changed community."