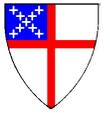


TIDINGS

SAINT JAMES EPISCOPAL CHURCH - CLAYTON, GEORGIA
EPISCOPAL DIOCESE OF ATLANTA



Volume 14 Number 6

June 2018



***The mission of Saint James Episcopal Church is:
To worship God, renew our hearts and minds, and serve others.***

What's Going on at Saint James?



Mark Your Calendar

June 3	Christ and Culture	2:00pm
June 5	Retirees Lunch	noon
June 6	Pastoral Care Team	9:30am
June 6	Lectionary	11:00am
June 13	Lectionary	11:00am
June 14	Vestry Retreat	4:00pm
June 15	Book Club	10:00am
June 21	Flower Festival Reception	5-7pm
June 22, 23	Flower, Garden & Liturgical Arts Festival	9:30am-4pm
June 25	Summer Food Program	11:30am
June 26	Summer Food Program	11:30am
June 27	Summer Food Program	11:30am
June 27	Lectionary	10:00am
June 28	Summer Food Program	11:30am
June 29	Summer Food Program	11:30am

From the Rector

Savor

Yesterday was a long day. I left the house at 6:30 a.m. and returned after 11 p.m. Some good things happened. Some not-so-good things also happened. On my drive home (my meetings were 2+ hours from where we live), I reflected on the day. I rehashed the bad parts and gave thanks for the good ones - admittedly, there was more rehashing than thanksgiving. I woke up this morning, still in marathon mode, checking off the list of things to do and things that need to be done later today.



My husband had an early meeting, so I finished my upstairs checklist and went to the kitchen to start working on the downstairs list. Most mornings we share duties but yesterday he was on his own and this morning I was the sole parent on staff. This morning sounded something like this:

"Where's your backpack? I need backpacks, y'all!"

"Pack a snack for yourself."

"Mommy, some people eat two snacks at snack time. . ."

"No, you may not pack two snacks. One is fine."

"Have you brushed your hair?"

"Yes!"

"Are you sure?"

"We're too late to go to breakfast so what kind of cereal do you want?"

"Ugh! I didn't want that kind of cereal!"

"Next time, get up and get dressed and be down here early enough to pick your own cereal!"

No one else's house sounds like this? Just mine? Huh. Strange.

The kids were finishing their cereal when my 10-year-old wandered into the kitchen and hovered near me.

"What do you need?" I said, exasperated.

"Nothing."

"Why are you standing here?"

"I just want to give you a hug."

I wrapped my arms around her. The tight string that was pulling my entire body towards the ceiling suddenly released. I felt my blood pressure drop immediately.

I curved my body down around the shape of her and rested my cheek on the top of her head.

Savor. "Savor this," I told myself.

Continued on following page

We can't savor when we're in a hurry. It's an action that demands time and passivity. It's not so much an action word as a word about receiving. Savor.

On my way to my office this morning I tried to remember the last time I savored a meal. Most of the times I'm barely registering the flavor of the food while also carrying on conversations and making sure my kids are both eating and not making a mess. Like most of the actions of life, eating becomes a perfunctory process.

We savor to get the whole flavor of a thing: a glass of wine, a bite of perfect soft cheese, the first tomato sandwich of the summer (white bread, tomato, Duke's mayo, and plenty of pepper. This is something you must get right!). We take the bite and chew but it's our taste buds that do the work and it is passive. The molecules of sour, sweet, buttery, peppery, all pass over those tiny buds on our tongues, which then send signals of delight or distaste to our brains. Our job is merely to reflexively chew and let the receptors do the rest.

When my daughter hugged me this morning, my job was passive. Once I had done the work of wrapping my body around her, my involuntary response systems took over. My job became to savor that moment and just breathe. The signals to my brain pushed it to shed some stress and release the marathon mode my body was continuing to inhabit.

"Savor" sounds like a pretentious word reserved for meals of luxury. It feels like something we can and should only do once the work of necessity is complete. In other words, subconsciously we believe it is something we don't have time for nor do we deserve. "Savor" is for the frivolous enjoyment of luxuries, not for practical people.

No, friends. Savoring is a necessity. "Savor" is only one letter away from "Savior." We need to be stopped, saved from ourselves and our desire to go-go-go. We must learn to be more passive, to revel in sensations and responses outside of our control or doing.

I think on the Last Supper. Jesus reclined at the Passover table with his friends. They ate delicious food, prepared out of thanksgiving and remembrance. Because he knew this was his last meal with his friends, he savored that night. We hear this in his words and how he lovingly showered affection, wisdom, and encouragement on his disciples. Each moment was precious to him.

Then, I think of the disciples. It was just another Passover meal to them. They ate the foods they expected. I imagine the crumbs falling from their mouths in their eagerness to argue with one another and interrupt Jesus to disagree. Did they register a single bite that night? Did they later regret not savoring those last hours they had with Christ?

To savor is no luxury but a necessity. Don't get so caught up in doing that you miss receiving the gift of the moment. Let yourself be passive. Let the little gifts of touch, interaction, and joy, wash over you. Allow your mind the quiet space to process and fire off those synapses that will turn that moment into memory.

Senior Warden — Lynda White

Sunday, May 20, 2018 was a marvelous day! It was Pentecost Sunday, a celebration of new ministry for our church, confirmation, reception and reaffirmation and the Institution and Induction of The Reverend Mary R. H. Demmler as our Rector!!! Such energy, such joy, such a celebration! And it was also our birthday! We celebrated our 60th birthday! It was wonderful to have The Right Reverend Robert Wright, Bishop of Atlanta, deliver the sermon and celebrate with us. Thank you to everyone who planned, executed and attended this service.

The Vestry will have a retreat on June 14 from 4:00 – 7:00 p.m. As we will be halfway through the fiscal year, we will review the budget and make adjustments if necessary. We will continue our conversation on mission and vision (where are we and where do we want to be) and will discuss opportunities for congregational participation. We will also be looking at revisions to our By-Laws. Minutes from this meeting will be posted on the website. This retreat will replace the regularly scheduled June Vestry meeting.

As a reminder, Saint James will participate in the Summer Food Service Program that operates out of the Community Partnership. The week of June 25 was selected as the week we will participate. Meals will be brought to Saint James and we will need volunteers to oversee the distribution of the meals and supervise the children while they are eating. We will serve lunch and combine it with an activity with the children prior to, or after the meal. We will be finalizing plans in the coming weeks and if you would like to participate by volunteering for all five days or for one day, please let me know. This is an exciting new ministry for our church.

We look forward to a busy summer! Please continue to read the Saint James Messenger for all of the activities occurring each week.

I continue to be grateful for the opportunity to serve with all of you. Please let me know if you have any questions, ideas or concerns. You may contact me at Email: alanlynda@windstream.net or Cell: 404-317-6981

Love and Peace,

Vestry Actions – Linda Barden

The Vestry met on May 15, 2018.

In addition to addressing several administrative matters, the Vestry took the following action:

Authorized Lynda White and Jack Bream, as Senior and Junior Wardens, to represent the church in signing required documents with the window design firm which is designing the stained-glass window to be donated by John Siegel and John Templeton. The motion included authorization to approve the expenditure of up to \$40,000 for the window design, manufacture, and installation.

Complete vestry minutes can be found on the website:
<http://www.stjamesclayton.org>.

Click on Members Pages at the top of the page and select Vestry Minutes.

The next meeting of the Vestry is the Vestry retreat on June 14, 4:00 p.m.

Junior Warden – Jack Bream

We have a quote to widen the driveway to the east of the Parish office, and to install two speed bumps. The amount will need Vestry approval before we can proceed.

The front entrance doors to the church have been repaired and the doors can now be locked during non-office and worship service hours.

Treasurer— David Tatum

The April 2018 YTD financial performance is good. Total Income of \$92,304 was only \$866 less than the plan of \$93,170. Total YTD expenses of \$97,729 were \$3,100 below the plan of \$100,829.

We will send out pledge statements after June 30, 2018. Statements will also be sent after September 30, and December 31. Total Pledge Income continues to track well to the plan.

In the April Newsletter, I provided an overview of the two main types of funds the church has, Designated and Endowment. There are descriptions of the purposes of all the funds in the Treasurer's 2017 Financial Report to the Parish. Some of the key Designated Funds are the:

- ◆ Memorial Saints Fund – undesignated bequests and memorial gifts go into this fund, and it is used at the discretion of the Vestry.
- ◆ Capital Maintenance Fund – this fund is used to pay for capital expenses the church has and which the Vestry approves.
- ◆ The Miracle Fund – the net proceeds from the Tag Sale go into this fund as do other designated gifts. This fund is used by the Outreach Committee to fund community needs to meet very specific requirements and are requested by one of the community non-profits.

There are several other funds with less significant balances that are available for specific designated purposes. The Vestry reviews all the fund balances as part of the monthly financial report presented at the Vestry meetings. As of April 30, 2018 the total balance for all the Designated Funds was \$118,657. The balance for the Building Fund is \$15,842.

Parish Nurse — Kathy Booker, RN, FCN

The Value of Pets and Your Health

One of my very first memories as a young child was of a big white dog my family had named "Snowball". I remember how much we loved that dog. One day he was killed by a train – my first experience with grief at age 3. I remember my mom crying. Through the years we have had other pets, but I remember Snowball and the impact that pet had on me all these years later.



Many others have had a similar experience. You either grew up with a pet, and still have one today. Perhaps you are thinking of bringing a new pet friend into your home soon. Research shows that there are health benefits that surpass the joy and companionship of having a pet, and it's possible that a pet may add years to your life.

A pet gives us unconditional love and a sense of purpose when there seems to be no other reason to get up in the morning. Knowing that someone needs us gives us a reason to keep going, especially when it's so easy to get caught up in the activities of daily living and life. The antics of a cat, dog or other pet brings levity and gives opportunity for surprise, joy and laughter.

Did you know that petting your dog or cat releases a stress-reducing hormone that fosters a sense of calmness and stress relief for all parties? There is nothing more calming than feeling connected with another living being.

People of all ages who live alone often enjoy the presence of companionship. Pets provide a sense of structure and social support. For some, their pet is like a family member or a close friend. The daily walk in the neighborhood with a pet creates opportunities for meeting other people and forming relationships. And, whether you are walking your dog or letting them outside, it gets you up and moving.

Sometimes pets can even help reduce pain. They may be the best treatment for chronic pain of migraines or arthritis. Stress leads to increased pain – pets help to relieve anxiety.

Pets for the elderly may just be the answer. In addition to being a companion, they offer many health benefits for the older person. Research says they can help reduce stress, lower blood pressure, increase social interaction, improve physical activity, and increase learning. The CDC says that another health benefit to owning a pet is that it lowers cholesterol. It is still to be determined if having a pet leads to a more active lifestyle or if the pet's presence alone is enough to lower cholesterol.

Pets provide other intangibles. "Dogs and other pets live very much in the here and now. They don't worry about tomorrow. And tomorrow can be very scary for an older person. By having an animal with that sense of now, it tends to rub off on people," says Dr. Jay P. Granat, a New Jersey psychotherapist. Having a pet can help reduce depression.

Numerous studies show that children who grow up in homes with pets benefit in many ways, including as an aid to their emotional development and learning responsibility. Pets are also beneficial to children with Attention Deficit Hyperactivity Disorder (ADHD) and for children who suffer with autism.

If you are considering adopting a pet, here are a few considerations and things to think- about:

- Is it the right combination? What is the age of the pet? A puppy or kitten may require more care than available.
- Have you had experience with a pet? Can you be flexible?
- Are there disabilities or mobility issues? For those who are physically challenged, cats often need less care than dogs. A small dog that's paper-trained or an indoor bird is also sometimes preferable. You may want to consider a therapy pet.
- What is the temperament of the pet? Some pets are high energy and higher maintenance.
- What is the health of the pet? Animals do have the potential to pose threat to human health, spreading disease, inducing allergies, inflicting bites and triggering psychological trauma.
- Are finances a concern? Pets do cost money for food and health care. If one becomes ill, costs can add up quickly.

How and where does one find a good pet? While breeders are a good source, some shelters also provide a pet for less and offer the advantage of rescuing it from euthanasia. Purina Pets for Seniors partners with 200 shelters nationwide to provide seniors pet adoptions at a reduced cost (www.petsforpeople.com). Local services also exist such as Paws for Life in Rabun County and other communities. Shelter employees often know the pet's personality well and can help make a good match.

Pets benefit, too, particularly when older folks adopt older pets. "These lucky pets go from the pound to paradise. Since most of the adopters are retired, they have lots of time to devote to a previously unwanted pet," says Chicago veterinarian Tony Kremer. And when no one else is around and you need someone to talk to, that pet seems to know and is there to listen.

While dogs and cats are the most common pets, there are a multitude of other species that are enjoyed: birds, fish, guinea pigs, horses, and rabbits to name a few. Although the evidence for a direct causal association between animals and human health is still not conclusive, the literature is largely supportive of the long-held belief that 'pets are good for us', contributing to both our physical and mental well-being. Pets should certainly not be regarded as a perfect pill for treating ill health, but they have the potential to contribute significantly to our well-being and quality of lives. They can be viewed as a complementary form of therapy in modern-day healthcare practices.

Animals of many types can help calm stress, fear and anxiety in young children . . . the elderly . . . and everyone in between!

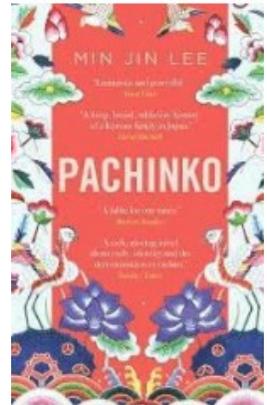
Resources and for more information:

- "10 Reasons Older People Need Pets". Philip Moeller, Staff Writer. Jan. 7, 2010, US News.*
- "Science says Your Pet is good for your Mental Health". Mandy Oaklander, Time Health, April 6, 2017.*
- "The Healing Power of Pets for Elderly People". AgingCare.com*
- "The Role of Animals in Our Lives". Tufts Now. May 17, 2018*
- www.The Traditional Cat Association, Inc*

Parish Committees

Book Club – Mary Thornton

The book selected for our next meeting is titled "PACHINKO" by Min Jin Lee. This novel is the saga of a Korean family covering four generations beginning in 1910 and ending in 1989, including a move from Korea to Japan. The author says much about success and suffering, prejudice and tradition.



Our meeting is scheduled for June 15 at 10 a.m. and will be held at the home of Sue Paulsen.

All are welcome to join us and bring a sack lunch and beverage or enjoy the coffee always provided by our hostess.

Daughters of the King – Mary Flanigen

The Saint James chapter of The Order of the Daughters of the King will not gather during the summer months. Our next gathering will be September 8, 2018. Summer activities, both at church and elsewhere, will pick up for most of us; therefore, we decided at our May gathering that we will meet again as a group after things settle down a bit. Of course we will continue daily to pray for all those on our prayer list throughout the summer.



When we do get together again in September, we invite anyone who would like to learn more about our Order, or simply join us each month in worship, study and fellowship, to attend our gatherings and other events. The Saint James Chapter is open for membership to all women who are communicants of Saint James Church. Each Daughter pledges herself to a life-long program of prayer, service, and evangelism dedicated to the spread of Christ's Kingdom and the strengthening of the spiritual life of the parish.

Garden Guild – Kathy Booker

Snips from The Garden –

Have you noticed all the plant and tree growth since the weather finally warmed up and many showers later? Everything looks so green and lush! It's every gardener's dream (except for the unwanted weeds that are also appearing)!

The Garden Guild has been getting things into shape to greet the summer festivities. About 100 caladium bulbs were planted under the big tree among the hostas in the Playground



Garden. "Marmalade" Black-eyed Susan seed were planted in the Sunflower Garden next to Warwoman Road. The Butterfly Garden had a make-over. The West Garden is looking



superb – taking a life of its own – very pretty! Over 200 bales of pine straw have been put out in the Sanctuary and Dry River Bed areas. You

will also see where many bags of mulch have found homes. The Carolina Jasmine on the fence next to the office offered a profusion of yellow blooms earlier this month. The Herb Garden and Cutting Garden are gorgeous! The East Garden is spotless, and the grass is growing. Watch for the Hillside Garden to offer a colorful display as the daylilies begin their season. The roses in the Office Garden are definitely at work. The Lower Entrance Garden welcomes everyone on their way to a service. The Memorial Garden is in bloom, and we have had burials in the Pet Cemetery.



The Gardens of Saint James are back for the summer. Plan a time to take a quiet walk through the gardens and labyrinth. Early morning and late evening are especially nice times to meditate or just enjoy being in a beautiful and serene environment. Invite a friend or neighbor to join you. See you in the gardens!

Outreach — Peggy Melton

Saint James assisted an itinerant man get to a job in California with a \$500 bus ticket. Community Partnership bought the bus ticket and paid for transportation to Gainesville to the bus.



Liz Hopper sold items from the Tag Sale in her Dillard shop totaling \$502.12 which will go to the Saint James Miracle Fund. Thank you, Liz!!

Saint James will sponsor the Summer Food Program in the parish hall, June 25 -29 at 11:30 a.m. Free meals will be provided for children 18 years of age and younger. Other activities will be provided along with the meals.

Pastoral Care Team – Kathy Booker

From the Pastoral Care Team –

May was a busy month for the PCT! Hosting the Smart Driver's Course led by Marcus Booker with 22 participants was the first activity of the month. The class is open to our parish and the community. It is offered quarterly in the Parish Hall

A major event was the spring Lunch & Learn with 67 in attendance. John Hemmer, MD, was the guest speaker. He is an orthopedic physician from Gainesville, GA, who spoke about bone health in general and then addressed several conditions associated with the aging process. Numerous questions and comments were generated from the audience which Dr. Hemmer took the opportunity to answer for everyone.



There are four Lunch & Learn dates during the year (one per quarter). There are many "behind the scenes" things that go into making this event happen. Many thanks to the PCT members for their planning, support and evaluating each event.

Several individuals (*Mary Lu Gunn, Julie Housley, Sandee Slater, and Jean Gustafson*) helped prepare sandwiches and lunch for the group. John Slater and Steve Gustafson helped with the set-up and take-

down. Thanks to each of you for offering and lending a helping hand for the event. Many thanks to Evan Heckel for his technical assistance and expertise!

Part of the mission and purpose of the Pastoral Care Team is to offer educational opportunities related to relevant health issues and concerns. Providing occasions like Lunch & Learn, CPR classes, First Aid classes, Smart Driver's Course, and others, reaches out into the community impacting the health and safety of everyone. We hope you will consider attending future events. Watch for information about the next event!

Pastoral Care Team

Pastoral Care Team Members:

Betsy Elsas, Jack Bream, Jan Nash, Katherine Grice, Lee Burson, Marcus Booker, Mary Lu Gunn, Paulette Williams, Peggy Melton, Sue Paulsen, Jane Burinski, Zoe Ann Zobel, Mary+ Demmler, and Kathy Booker

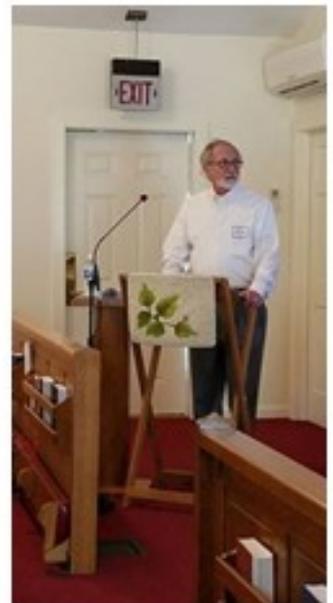
The Magic of Lunch and Learns!



Bring us together.



Photos by Jan Nash



Flower, Garden & Liturgical Arts Festival—Bev Mannes

**Flowers, Flags, Globes,
Gardens, Scriptures, Photos,
Food and did I say flowers?**

**The month of the Flower,
Garden and Liturgical Art
Festival is finally here!**

We're dedicating the art wall to your photos of churches you have visited in your travels around the globe. Dig into your photo albums, have some of your digital photos printed and take them to church. Tear a page from a magazine of an intriguing place of worship. Attach a post-it note that names the church and location, grab a pin from the box and put it on the wall. Non-Christian churches will be especially interesting, but we'll take 'em all.

- If you have a globe or more gathering dust, wipe them off and take them to the parish hall the week of the festival. We'll spread them around.
- If you have a scripture of another faith, take it to the nave that week and we'll put on display.
- If you have some indigenous art, take it to the parish hall, too.
- If you have some pretty garden flowers, take them to the parish hall by noon on Wednesday.
- If you have an International garment, wear it to the reception on Thursday, June 21 starting at 5:00 until 7:00.
- If you can make a tasty appetizer from another land, talk to Katherine Grice.
- Invite your friends, but do come! It is beautiful, fun and educational.



Bev Mannes 706-782-9717, 706-490-1708 or bjm999@windstream.net

Quilter—Bev Mannes

I made this quilt for our son and his wife several years ago. The windmill was a gift from the Netherlands, has bullet holes from World War II and is in Holland, Michigan. It still grinds corn, a condition of the gift.

The lighthouse is "Big Red" at the Lake Michigan and Lake Macatawa Harbor.



Parish Posting—Reverend Mary

The Spirit was here!!

What a fantastic celebration we had on May 20! Pentecost was happening at Saint James! I am grateful for the hard work of everyone in the parish who contributed to this celebration. Together we committed ourselves to our continued and new ministry with me as your new rector. Several of our members were confirmed, reaffirmed, and received. Past priests blessed us with their presence and the bishop brought us a great word about our charge to share the love of Christ with the world. And how about how awesome our church looked?! No one puts on a show like Saint James. The gardens, flowers, banners, altar hangings, bulletins, vestments, reception, history, music, and warm welcome were all fantastic. I am very blessed to be among you to do the work of Christ in the world together. So many of you worked so hard to make the day a real celebration of the best of who we are. THANK YOU!



Stole designed and sewn by Bev Mannes, presented to Rev. Mary

The beautiful new banner designed and sewn by Kathy Booker, Jean Gustafson, Bev Mannes, Jackie Tatum and Terry Wright.



Created by Susan Gober for Mary+

PENTECOST SUNDAY—CELEBRATION OF A NEW MINISTRY



Additional photos can be found on the [Saint James Website](#):



Peripatetic Worship

From Jackie and David Tatum—

This cross is in Eglise St-Etienne, Villandry, France. It is an example of a cross with the “Arma Christi” or the Instruments of the Passion. This one includes the Cross, the Crown of Thorns, the Holy Lance, the ladder used for the disposition, the hammer used to drive the nails and the pincers used to remove the nails.



This painting of the Last Supper is from 1270 and is in the *Musée du Petit Palais* in Avignon. It was the Archbishop of Avignon's residence.

The painting of Mary and Jesus dates from 1320 and also is in the *Musée du Petit Palais*.



From Nannette Curran—

The cantor with the ark in the background as seen at Sydney Curran's Bat Mitzvah, Temple Shalom, Chicago on Saturday, May 26. Syd is granddaughter of Christopher and Nannette Curran.



From Jane and Michael Clarke—

We attended church in Delray Beach, FL, Pentecost Sunday. This is Sandy Simon's home church. We enjoyed meeting his brother Ernest!



From Dan Wilson—



The main square in Remedios, Cuba. It is the only square in Cuba that has two Catholic churches on the same square.



Inside one of the churches in Remedios which has one of the largest and most ornate altars in Cuba, made of 24 carat gold.



The religious chapel figure is one of many examples found in Cuba in which the art was actually salvaged from out at sea where many religious works of art were found floating. Dated from 17th century merchant trading, often there is a miracle story connected with fishermen discovering the works.



One of the many churches from the Spanish colonial period found in old Havana.



Saint James youth visit the Cathedral of St. Philip, Atlanta. The Rev. Juan Sandoval, Archdeacon, greeted the group and provided a brief tour. Richard Perry, Verger, spoke about the role of a verger. Dean Sam Candler welcomed the visitors.

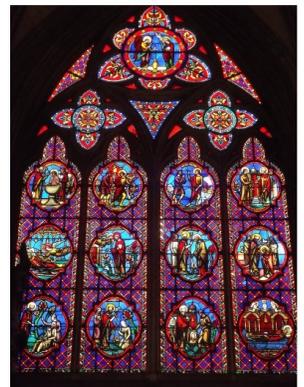
From Susan Staiger—

We had the wonderful experience of attending Bayeux Cathedral in Normandy, France. Also known as the Cathedral of Our Lady, it dates back to 1077 when William the Conqueror was present for its consecration. Built and rebuilt the architecture style is Romanesque, Norman and Gothic. The Bayeux tapestry depicting the battle between William and Harry of England was displayed here once a year. The tapestry is now kept in a climate controlled museum.

Not only did we have the privilege of worshipping at this beautiful, historic church, but we were also part of a special Memorial service. Uniformed veterans wearing gold helmets, each carrying the French flag, walked in procession with the Bishop in all his finery. Following the laying of flowers at one of the tombs we were treated to a Grand Finale with the heavy sound of the organ.

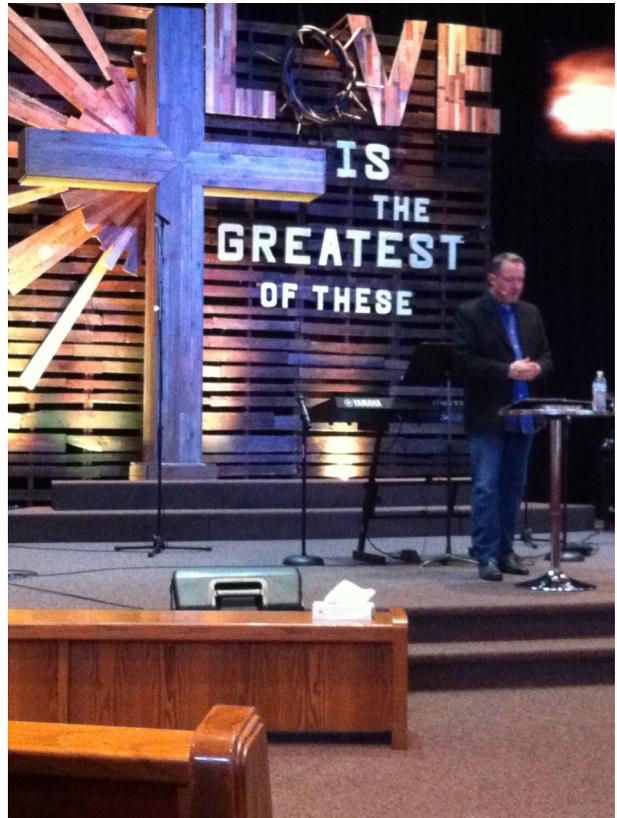


Bayeux Cathedral



From Terry Wright—

An interior shot of the Molalla Church of the Nazarene, Oregon, where I attended service Sunday.



Announcements

Summer Lunch Program

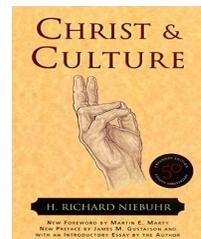
The week of June 25-29, Saint James will host community children for lunch as a part of the Food Service Program at 11:30am each day. We are looking for two volunteers a day to be present to host the children and help set-up and clean-up. The lunches are brought to the church and served by teams coordinated by Community Partnership. Sign-up sheets are available in the parish hall.

Knit, Crochet and Pray

We have been given bags of yarn from Shirley Leavens. If you are interested in becoming connected with a group to make prayer shawls, please contact Bonnie in the church office. We can meet as a group or if you prefer, you can make them at home and bring them to the church. Kathy Booker picks up the prayer shawls and takes them to people that are sick or in need of special care.

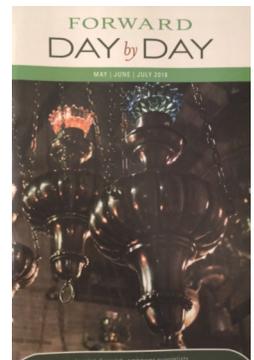
CHRIST AND CULTURE BOOK STUDY

Final class is June 3, 2-3:30pm



FORWARD DAY BY DAY DEVOTIONAL

The May, June, July devotional booklets (large print and regular print) are now available and are located in the in the Parish Hall. Pick up your copy today.



RETIREEES LUNCH

The Retirees Lunch will be held at Ishy's Grill on Tuesday, June 5 at noon. We each pay for our own meal and enjoy good fellowship.

The Reverend Mary Demmler’s Blog, *Prayerful Kitchen*

<https://www.stjamesclayton.org/reverend-marys-blog/>

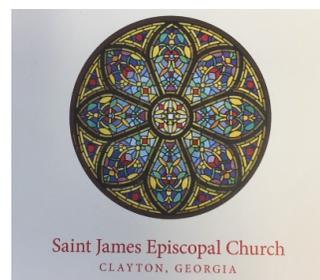
If you want to subscribe to Mary+’s blog, email mdemmler@gmail.com

FLOWER CHART—2018

The 2018 flower chart for designating flowers on the altar each Sunday is located on the bulletin board in the parish hall. Parishioners can honor, celebrate, or remember a special occasion or person. Choose the Sunday you wish, then send a contribution of \$30.00 to the church office to cover the cost of the flowers.

SAINT JAMES NOTECARDS

We have beautiful note cards for sale in the church office. The cards with our stained glass rose window on the cover are available for \$1.00 each, 10 for \$8, or 12 for \$10. All proceeds will benefit the Pastoral Care Team.



CARE NOTES

CareNotes are located in the lower entrance to the church. Please feel free to go by and see if there is a topic that might be helpful for you or a friend. A wide range of topics are available to you at no cost. There are also CareNotes that will help your children and grandchildren. Stop by and take a look.

MEDICAL EQUIPMENT

Several medical equipment items are available in our inventory for loan. Contact Jack Bream if you are in need of an item—we may have it.

BROWN BAG SUNDAY

Thanks to all who bring in groceries once a month for Rabun Sharing and Caring. We are the only church who does this on a regular basis! Please limit the food you bring to small packages. A list of grocery needs can be picked up the 3rd Sunday of each month, and on the following Sunday (4th Sunday) return full grocery bags to the Parish Hall.



On the first Sunday of each month, please bring your donations for the critters at Paws4Life, and leave them in the Parish Hall. The shelter needs: Adult & puppy dog food, canned & dry cat & kitten food. (Please, no Ol' Roy brand dog food.) They always need cat litter, and appreciate the environmentally friendly wood pellets. The shelter staff and their furry residents say, *Thanks!*

INFORMATION NEEDED

The Pastoral Care Team would like to collect/update emergency contact information for each of our members. Please email or call the church office to provide the name and contact information of the person, other than your spouse, that we may contact in the event of an emergency.



RECYCLE

Any parts of your bulletin that you do not want to keep, please leave in the rear of the church following the service. They will be recycled!

PARISH HALL

For all who use the Parish Hall during the week, it would be helpful if you would please return the tables and chairs to the place you found them! Thank you!

FOR FAITH

A weekly devotional from Bishop Rob Wright

To sign up for Bishop Robert Wright's weekly "FOR FAITH", go to:

<https://www.episcopalatlanta.org/news/connecting/>

At the bottom of the page, click on "Sign up for emails".

If you are on Facebook, take a moment to "like" the Saint James Episcopal, Clayton, Georgia, Facebook Page and invite a friend! If you don't have a page yourself, you still can visit to see photo albums and notices.

<https://www.facebook.com/pages/St-James-Episcopal-Clayton-GA/136165709779019>

Passages

Happy Birthday

June 1 Gerald Kemper
June 2 Bob Hatcher
June 8 Gigi Sgro
June 8 Bagley Sgro
June 6 Max White
June 7 George Stewart
June 11 Clayton Moore
June 14 Jane Derrick
June 16 Faulkner Sgro
June 20 Cassidy Klimasewski
June 21 Crawford Grice
June 21 John Siegel
June 21 Evan Thurmond
June 24 Jan Bomar
June 28 Terri Manoogian

Happy Anniversary

June 1 Ferris & Herb Leslie
June 1 Bonnie & Terry Klinect
June 2 Kay & Don Bomgardner
June 10 Nannette & Christopher Curran
June 10 Susan & Leonard Staiger
June 12 Gail & Lee Robertshaw
June 18 Becky & Tom Callahan
June 26 Sara & Lawrence Nelms
June 27 Kathy & Rocky Ford
June 28 Betty & Neal Cobb



the Lectionary



The Lessons appointed for use—RCL Year B

SECOND SUNDAY AFTER PENTECOST (June 3)

Deuteronomy 5:12-15
Psalm 5:12-15
2 Corinthians 4:5-12
Mark 2:23:3-6

THIRD SUNDAY AFTER PENTECOST (June 10)

Genesis 3:8-15
Psalm 130
2 Corinthians 4:13-5;1
Mark 3:20-35

FOURTH SUNDAY AFTER PENTECOST (June 17)

Ezekiel 17:22-24
Psalm 92:1-4,11-14
2 Corinthians 5:6-10, [11-13], 14-17
Mark 4:26-34

FIFTH SUNDAY AFTER PENTECOST (June 24)

Job 38:1-11
Psalm 107:1-3, 23-32
2 Corinthians 6:1-13
Mark 4:35-41

Lay Servers – Bonnie Klinect

June Serving Schedule

	3-Jun	10-Jun	17-Jun	24-Jun
One holy & apostolic calendar	Pentecost 2, Proper 4	Pentecost 3, Proper 5	Pentecost 4, Proper 6	Pentecost 5, Proper 7
8 A.M.				
Lector	Sandy Hunter	Kathy Booker	Ginny Heckel	Linda Barden
Eucharistic Minister	Ginny Heckel	Ann Inman	Marcus Booker	Ron Barden
Ushers	Mary Thornton and Kathy Booker	Kathy and Rock Ford	Betsy Elsas and Jack Bream	Jean and Steve Gustafson
VPOD	Jan Bomar	Jan Bomar	Ginny Heckel	Becky Callahan
10:30 a.m.				
VPOD	Jan Bomar	Jan Bomar	Becky Callahan	Lynda White
Lector	Susan Staiger	Jacqueline Groover	Derek Demmler	Mary Lu Gunn
Eucharistic Minister	Peggy Melton	Peggy Melton	Rob More	Derek Demmler & Paulette Williams
Acolyte	Bagley Sgro	Cade Klimasewski	Harper Phillips	Hannah & Baily Demmler
Intercessor	Deacon Anthony	Deacon Anthony	Deacon Anthony	Mary Lu Gunn
Altar Guild	Peggy Melton and Bev Mannes			
Tellers	Jan Grant and Gilda Little	Dustin Emhart and Tim McCabe (training)	Tom Callahan and Nannette Curran	Jim Zobel and Charles Groover (training)
Ushers	Gilda Little and Mary Wilson	Jan and Bill Bomar	Tom and Becky Callahan	Lynda White and Jan Nash

Altar Flower Schedule – John Templeton

June

3 Kathy Booker	The Second Sunday after Pentecost-Green Altar Hangings
10 Rebecca Brandon	The Third Sunday after Pentecost –Green Altar Hangings
17 Betsy Elsas	The Fourth Sunday after Pentecost –Green Altar Hangings
24 Flower Festival	The Fifth Sunday after Pentecost- Green Altar Hangings

July

1 Sharyn McCabe	The Sixth Sunday after Pentecost- Green Altar Hangings
8 Peggy Melton	The Seventh Sunday after Pentecost- Green Altar Hangings
15 Bev Mannes	The Eight Sunday after Pentecost- Green Altar Hangings
22 Tim Burns	The Ninth Sunday after Pentecost-Green Altar Hangings
29 J Templeton	The Tenth Sunday after Pentecost- Green Altar Hangings

August

5 Karen Pietrowicz	The Eleventh Sunday after Pentecost- Green Altar Hangings
12 Kathy Booker	The Twelfth Sunday after Pentecost-Green Altar Hangings
19 Peggy Melton	The Thirteenth Sunday after Pentecost- Green Altar Hangings
26 Rebecca Brandon	The Fourteenth Sunday after Pentecost- Green Altar Hangings

Members

John Templeton	706-212-0031	jht1938@windstream.net
Bev Mannes	706-782-9717	bjm99@windstream.net
Peggy Melton	706-782-5112	eston@windstream.net
Kathy Booker	706-782-9203	kbooker@truvista.net
Betsy Elsas	706-782-2122	betsyelsas@gmail.com
Karen Pietrowicz	706-782-0781	pietrowiczk@msn.com
Rebecca Brandon	863-632-5556	rctbasid@aol.com
Sharyn McCabe	706-782-5594	shay36@bellsouth.net
Tim Burns	404-663-4126 201-658-4961	timb10pop@yahoo.com

Please arrange your own substitute if you are unable to do the flowers for your assigned week and let Bonnie know by Tuesday of the week before your Sunday. I would also like to know as I am keeping the Master Schedule. All supplies are in the Flower Room. Please notify me if we need oasis or other supplies. I hope all of you know how much our flowers enrich the worship life of Saint James. Thank you so much! John T

The Most Rev. Michael Curry, Presiding Bishop
The Rt. Rev. Robert Wright, Bishop, Diocese of Atlanta
The Rt. Rev. Donald Wimberly, Assisting Bishop, Diocese of Atlanta
The Rev. Mary Demmler, Rector
Dr. Anthony Sgro, Deacon

Vestry and Staff

<i>Lynda White, Sr. Warden</i>	<i>706-782-3150</i>	<i>Bonnie Klinect, Parish Admin</i>	<i>706-782-6179</i>
<i>Jack Bream, Jr. Warden</i>	<i>706-782-2122</i>	<i>David Tatum, Treasurer</i>	<i>706-782-2875</i>
<i>Jan Bomar</i>	<i>706-782-1436</i>	<i>Alan White, Music Director</i>	<i>706-782-3150</i>
<i>Becky Callahan</i>	<i>706-782-8429</i>	<i>Robin Rogers, Organist</i>	<i>828-837-4219</i>
<i>Ginny Heckel</i>	<i>706-490-2867</i>	<i>Kathy Booker, Parish Nurse</i>	<i>706-782-9203</i>
<i>Brian Phillips</i>	<i>706-746-5160</i>	<i>Cheryl McKay, Sexton</i>	<i>706-970-7348</i>
<i>Linda Barden, Vestry Clerk</i>	<i>706-746-0272</i>	<i>Robert Bleckley, Mowing</i>	<i>706-782-3467</i>
		<i>Ginny Heckel, Newsletter Editor</i>	<i>706-490-2867</i>
			<u><i>gheckel@wt.net</i></u>



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"The end result of mission must not be a better church. The end result of mission must be a changed community."