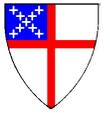


TIDINGS

SAINT JAMES EPISCOPAL CHURCH - CLAYTON, GEORGIA
EPISCOPAL DIOCESE OF ATLANTA



Volume 14 Number 11 November 2018



***The mission of Saint James Episcopal Church is:
To preach the Gospel, worship God, renew our hearts and minds, and serve others.***

What's Going on at Saint James?



Mark Your Calendar

November 6	Retirees Lunch	noon
November 7	Pastoral Care Team	9:30am
November 7	Lectionary	11:00am
November 10	DOK Gathering	10:00am
November 11	Parish Meeting	9:15am
November 14	Outreach Committee	10:00am
November 14	Lectionary	11:00am
November 16	Youth Outing	2:00pm
November 16	Book Club	10:00am
November 18	Study of Luke	2:00pm
November 19	Study of Luke	10:00am
November 27	Vestry	5:00pm
November 28	Lectionary	11:00am

LUNCH AND LEARN THIS FRIDAY

Our next Lunch and Learn will be **THIS Friday, November 2, 11:30am—1:00pm.**

The presenter will be our very own, The Rev. Mary Demmler, with "Ribbons and Wrappings: Memories, Reflection, and Reality of the Holidays."

We fill the holiday season with every manner of turkey and roast, cookies and candies. We visit with relatives and friends to exchanges well-wishes and gifts and share the joy of the season. All of this celebration can be, at once, wonderful and exhausting. Every holiday also brings memories of ones that have passed and the people who once were a part of them. Join us to explore the spectrum of emotions we encounter over the holiday season and how to manage what, often, can be conflicting emotions.

From the Rector—The Reverend Mary Demmler



Thanksgiving and the Radical Suffering of Christ

“Let’s go around and name one thing we are thankful for from the last year.”

We all look around the Thanksgiving table, wondering who will be brave enough to go first. Hopefully, it’s someone across from you. That means you have the time it takes seven or eight people to talk before you have to say something.

This is a Thanksgiving tradition in our family and I’m sure in other families around the country. I look forward to hearing what people remember from the year that has passed and what they hold dear. Some years, the exercise is easy; we can think of too many moments of gratitude to share. Other years it’s more difficult as we think of hard times, lost loved ones, or difficult days.

To be sure, it is a valuable exercise and is part of the purpose of our national holiday. Thanksgiving is set aside as a day for giving thanks, not presents. For celebrating the bounty of God’s blessings and the company of friends and family. It is one of my favorite holidays, not only because the food is amazing but because the purpose is simply to be with one another in gratitude. I hope this year brings you too many memories of gratefulness to number.

But it’s also possible this will be a year for you when you struggle to name just one person, one event for which to give thanks. We are human and suffering is a part of the rhythm of life. Perhaps this year brings one more empty chair at your table from the loss of a loved one, perhaps by death but perhaps by a broken relationship.

Too often we emphasize the risen Christ, the one reigning on high, liberated from the cross. In fairly typical fashion, Christ the King Sunday falls the Sunday after Thanksgiving and we look to the coming of the fullness of the Kingdom of Heaven while also celebrating the ways the kingdom is already realized in the kingship of the risen Christ. It’s a Sunday about triumph and glory.

But we must remember the glory and triumph were preceded by the suffering and darkness of Good Friday. There can be no resurrection or ascension without betrayal and crucifixion. That, too, is something for which to be grateful this Thanksgiving. At the heart of the Gospel is Christ’s willingness to bear the pain common to all of humanity. We must never forget the radical and subversive action of the cross, on which Jesus of Nazareth hung in the very public act of humility that was the ultimate show of his power.

Why is this radical suffering so important? Because through it Christ defeated death and won for us liberation from all that would bind us. But also because

Continued on following page

it means we have a God who suffers as we suffer, who willingly enters into our pain and darkness. We are never alone, even in the deepest abyss, because Jesus is there with us.

I won't say that all suffering brings transformation and revelation. Another habit we have is saying, "There must be a reason for this," meaning that God makes us undergo the pain to teach us some valuable lesson or another. But to do so is a gross rationalization. We live in a sinful world and some of our pain is caused by another's brokenness, not because there is some grand plan. Similarly, our souls inhabit human bodies and those bodies fail us, not as punishment but simply because of biology.

The message we first carry with us is not that there must be a grand reason for our suffering. The primary message of the cross is that we have a God who loves us so deeply, so completely, that God inhabits the depths of our suffering with us. We are never abandoned, even as we find ourselves taking up our own crosses.

Prayers and thanksgivings for you all, my friends. As the season of gratitude falls upon us, I pray you find quiet spaces to tuck away into, spaces where you can plumb the depths of your experiences and rest both in and from your suffering. This year, I lift you all to God in my prayers of thanksgiving, grateful for the love and light you share with the world.

Senior Warden — Lynda White

Thank you David Tatum!! David has served as the Saint James Treasurer for six years! He has done marvelous work in planning, monitoring and answering questions about our annual budget. He prepares monthly financial reports for the Vestry and attends all Vestry meetings to present the reports and answers any questions. He was instrumental in revitalizing the Finance Committee, which meets quarterly. He is knowledgeable, thorough, patient, and explains things well. (Not all of us a Saint James are CPAs or bankers or finance experts and David can speak in "plain English"!). David's contribution to Saint James has been enormous and his ministry is acknowledged and appreciated. When you see David, please thank him for his wonderful work.

On January 1, 2019, Jim Wallis will assume responsibilities as Saint James' Treasurer. With Jim's experience in finance and banking, he brings much expertise to this position. David and Jim will be working on making this transition during November and December, and David assures us he is available for support in the future should the need arise. Thank you, Jim Wallis, for your interest in and willingness to accept this important position.

-NOTICE-
SAINT JAMES EPISCOPAL CHURCH ANNUAL MEETING
NOVEMBER 11, 2018 - 9:15 a.m.
PARISH HALL

Please mark your calendars for November 11 at 9:15! We will have a Parish Meeting in the Parish Hall and refreshments will be served from 9:00-9:15.

This year, Brian Phillips and I will rotate off the Vestry and we will be filling these vacancies. Over the past several weeks, the Nominating Committee received nominations and these were discussed by Vestry members at its meeting on October 16, 2018. The Vestry is pleased to present the following slate of nominees to the congregation at Saint James:

Dustin Emhart and Erika Farr

Information regarding personal attributes and leadership skills of these nominees is found elsewhere in this newsletter.

Additional agenda items include the presentation of revised by-laws, and a summary of this year's Annual Council. Please plan on being there.

The **112th Diocesan Annual Council** will meet on Friday and Saturday, November 9 and 10 at Holly Innocents Episcopal Church in Atlanta. Ginny Heckel and I are delegates from Saint James. We, along with The Reverend Mary Demmler, will be attending this meeting and participating in the various activities related to Council business. Please pray for the work we will do there.

I continue to be grateful for the opportunity to serve with all of you. Please let me know if you have any questions, ideas or concerns. You may contact me at Email: alanlynda@windstream.net or Cell: 404-317-6981. Love and peace.

Junior Warden – Jack Bream

We recently replaced our *EXIT* signs to comply with local fire codes. Thank you Jack Ball for all your hard work!

Vestry Actions – Linda Barden

The Vestry met on October 16, 2018.

The members addressed several administrative matters, and no action was taken.

Complete vestry minutes can be found on the website: www.stjamesclayton.org. Click on Members Pages at the top of the page and select Vestry Minutes.

The next meeting of the Vestry is scheduled for November 27 at 5:00 p.m.

Treasurer – David Tatum

The September 2018 YTD financial condition of St. James is good. Total Income of \$188,910 was slightly under the budget of \$191,538 by \$2,628. Total Pledge, Non-Pledge and Plate-Offerings of \$160,063 was under the budget of \$161,401 by \$1,338. Total Expenses of \$211,605 were under the Budget of \$224,254 by \$12,659.

The Designated Fund balances totaled \$143,091, and the Money Market Fund balance supporting those funds totaled \$157,591. The Building Fund Account balance is \$16,143. Our long-term endowment fund balance invested through the Episcopal Diocese of Atlanta Common Fund was \$323,991 as of September 30, 2018. Statements for this fund are received quarterly. St. James has no outstanding debt.

September 30, 2108 Pledge statements have been sent. So, please review your statement to determine the status of your 2018 pledge as we move toward the end of the year.

Finally, the 2019 budget process has begun. If you are a committee chair your respective Vestry member should contact you to get your input for the 2019 budget. It is important that the Vestry members are aware of all anticipated 2019 expenses. The Vestry will be submitting their initial budget numbers November 9-16. It is anticipated the final 2019 budget will be approved at the December 18 Vestry meeting.

Vestry Nominee - Dustin Emhart



Dustin Emhart began attending Saint James in Fall 2011, shortly after he moved to Clayton. He has been active in the church as an usher, lector, and teller. He has been trained as a Eucharistic minister and has served on the financial inspection committee, which does the annual internal review of the parish's financial records.

Dustin grew up in Cary, North Carolina, where his parents settled after his father got out of the Air Force. He started college at Georgia Tech and transferred to North Carolina State University, where he earned both a bachelor's and a master's degree in accounting. He is a Certified Public Accountant, and his work as an accountant has taken him to Waco, Texas; Washington, DC; Atlanta; and northwest Indiana. He is now a full-time instructor of accounting at North Georgia Technical College, with his office on the Blairsville campus. He continues to do some accounting and tax work as an independent practitioner.

As an infant, his parents had a dedication ceremony for him at Clayton Baptist Church—the church where his grandfather served on the board of deacons and grandmother played organ. As a youth he was confirmed in the United Methodist Church and active in service projects there. He first attended an Episcopal Church while he lived in Texas, and he was received into the Episcopal Church in January 2012.

In addition to his teaching duties at North Georgia Tech, Dustin is also an advisor for Phi Beta Lambda (FBLA-PBL), a student organization for business, leadership, and entrepreneurship. He has chaired the Faculty Advisory Council for the past two years, and he was nominated for the Rick Perkins Award of Excellence in Technical Instruction for 2017.

He has also officiated high school football, softball, and volleyball, and he is planning to “come out of retirement” and call either football or volleyball in 2019.

Vestry Nominee - Erika Farr



My life in the Episcopal church goes back to my earliest church experiences. I was christened at St. Andrew's On-the-Sound Episcopal Church in Wilmington, NC, where my family worshipped when I was a child. While in Atlanta, Ken and I attended Holy Trinity Parish in Decatur, GA, where Cade was baptized. We moved to Rabun County in 2008 and the first (and only, as it happened) church we visited after moving was Saint James. The welcome we received and the message of Christian service and love we encountered won us over immediately! While at Saint James, Cassidy has been baptized and Ken has become a confirmed member of the Episcopal Church. Our entire family benefited immeasurably from the Godly Play program and we continue to marvel at the talents, service, and faith of the Saint James family.

Ken, Cade, Cassidy, and I (plus our two unruly dogs) relocated from South Rabun to Rabun Gap in 2015. Currently, I am the Head of the Upper School at Rabun Gap, Cade is a 6th grader at Rabun Gap's Middle School, and Cassidy is a fifth grader in the Evelyne Sheats Lower School. Ken works as the Rabun County Public Defender. We spend much of our time on the Rabun Gap campus learning, supporting Rabun Gap athletics, enjoying arts productions, and making the most of the beautiful campus.

Parish Nurse — Kathy Booker, RN, FCN

*Another reason to be thankful –
Did you know that science says gratitude is
good for your health?*



So many things to be grateful for during this month that reminds us that we are truly blessed! November says it better than any other month. Thanksgiving Day offers the opportunity to bring families and loved ones together to celebrate our heritage, honor our freedoms and explore ways to create our future together in an attitude of thankfulness.

“Gratitude is a thankful appreciation for what an individual receives, whether tangible or intangible. With gratitude, people acknowledge the goodness in their lives. In the process, people usually recognize that the source of that goodness lies at least partially outside themselves. As a result, gratitude also helps people connect to something larger than themselves as individuals — whether to other people, nature, or a higher power.” (Harvard Mental Health Letter, 2011)

Much research has been done finding that being thankful makes you feel better and at the same time, it’s good for your health. It can have lasting effects on your life. Robert A. Emmons, professor of psychology at UC Davis, says, “It can lower blood pressure, improve immune function and facilitate more efficient sleep.” Other researchers have found that people who were more grateful had better health, experienced more positive emotions, managed adversity more effectively, and built stronger relationships.

According to Emmons, “Gratitude works because, as a way of perceiving and interpreting life, it recruits other positive emotions that have direct physical benefits, most likely through the immune system or endocrine system.” Gratitude can help us manage stress better. We know that stress can make us sick and is even linked to serious illnesses. “Gratitude research is beginning to suggest that feelings of thankfulness have tremendous positive value in helping people cope with daily problems, especially stress,” says Emmons.

Grateful people tend to be more optimistic, a characteristic reported to boost the immune system. “They take better care of themselves and engage in more protective health behaviors like regular exercise, a healthy diet, and having regular physical examinations” (Emmons). Optimism also leads to better health outcomes after surgery and in people with compromised health issues.

Some people think they don’t have anything to be thankful for, especially if there has been a loss in their life. However, even in loss or tragedy, it’s possible to feel gratitude as evidenced by studies after September 11, 2001. Christopher Peterson, PhD, University of Michigan

psychologist, found that Americans post 9/11 experienced a sense of increased belonging through community which also helped them to buffer against the negative effects of that stressful event.

We know that wealth, education and income are not necessarily measures of satisfaction. So, who is most apt to feel grateful? It seems that individuals from the middle class appear to have the highest level of life satisfaction, especially those risen out of poverty or those who experienced losses in early life. Other studies report people living in poverty in India had low levels of life satisfaction. On the other hand, a high percentage of affluent people in Japan also did. The Irish report high levels of life satisfaction, while a group of multimillionaires say they aren't overly happy. Research suggests an emphasis on materialism is the culprit.

Being thankful is a way for people to appreciate what they have instead of constantly satisfying every physical or material want or need. It helps people refocus on what they have instead of what they lack. Here are some suggestions that might aid in developing feelings of gratitude:

- Maintain a gratitude journal – writing it down encourages feeling better about life in general and offers greater optimism for the future.
- Count your blessings - create a list of benefits in your life – helps provide visual reminders to remind one of the reasons to be thankful.
- Talk to yourself in an optimistic manner – acknowledge the goodness in your life. Look for positive ways an undesirable situation may be beneficial.
- Meditate - identify one little thing and focus on it – sometimes all that is required is to think about being grateful and you'll become more thankful.
- Pray – spiritual connection can be used to cultivate gratitude.
- Look at a situation with a different perspective.
- Look for ways to give back to the community – people who volunteer and share with others are happier and healthier.
- Write a thank-you note – make it a habit to tell others thank you. Build relationships by letting others know how much their efforts are appreciated (once in a while, write one to yourself). Expressing thanks may be one of the simplest ways to feel better.
- This year try something new around the Thanksgiving table – have each person share one thing they have to be thankful for over the past year. It is a good exercise to remind everyone how much we have to be grateful for – individually and collectively.
- If you want to get healthier, give thanks.

During this season of thankfulness, look for ways to appreciate life. Start each day with a moment to pause and look around - learn to embrace the fact that you are here, the sun returns each day, the birds sing, and life moves along. Keep in mind that the highest appreciation is not just to utter words, but to live by them – put them into action. Truly appreciate life- it can generate profound effects. In all things, give thanks to God!

Resources:

Dunn, Lauren. TODAY. "Science Says Gratitude is Good for Your Health". Updated May 12, 2017.

Hubeck, Elizabeth. "Boost Your Health with a Dose of Gratitude". WebMD. January 11, 2006.

Harvard Mental Health Letter. "In Praise of Gratitude". November 2011.

Parish Committees

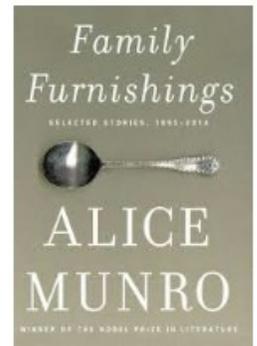
Book Club — Mary Thornton

Our November meeting will be held at the home of Katherine Grice, 764 Thompson Cove Rd. Sue is moving into a larger apartment and will take more furniture out of her house.

We will meet on November 16, 10:00am

The book, titled *Family Furnishings* by Alice Munro, is made up of 24 separate stories, leaving many we have not discussed. All are encouraged to be prepared with suggestions of which ones they would like to cover that day.

At Sue's suggestion we will take a 3-month Winter Break and eliminate the worry of traveling in bad weather. Katherine intends to make a big pot of soup, so there is no need to bring a sack lunch. Katherine promises coffee will be available as usual. Hope to see you in November.



Choir — Alan White

MUSIC NOTES



Choir members have a lot of work ahead as we move into the seasons around Thanksgiving and Advent. We will be learning several pieces for each of the coming Sundays, leading up to a December 23rd *Lessons and Carols* program, which will be a part of the 10:30am service. We hope our congregation will mark your calendars for that special event. We expect the children to participate with the choir in the *Lessons and Carols* as well as the Christmas Eve service.

Every Sunday we meet at 9:00 a.m. and we have an extra rehearsal scheduled for December 19th.

October usually brings out-of-town travel and special activities for several members of the choir, and this year was no exception. However, during this time our smaller ensembles (6-7) have done a great job in providing the anthems and I really appreciate Derek Demmler singing a duet with me on one of those October Sundays to support and highlight our services.

It is a wonderful time of the year for church music. Many of the greatest musical works were written for the celebration of the coming and birth of Christ. Don't be surprised if one of Handel's most famous works sneaks into the *Lessons and Carols*! Come join us, we really enjoy this time of the year.

Youth Activity—Brian Phillips



Thanksgiving Children and Youth Outing to Tallulah Gorge

Let's get out in the woods one more time before winter hits high gear! All children and youth and their families are welcome to join us for an outing to Tallulah Gorge on Friday, November 16. That is a half day at Rabun Gap, so meet at the Demmlers' at 2 p.m. We'll return by 6 p.m. Bring water for the hike and wear good shoes. Don't forget to dress warmly. It's usually cooler in the gorge.

Christian Formation—Mary Demmler+



Gospel Writing Group

The differences between the four gospels is a regular topic in our Wednesday lectionary group conversations. What makes a gospel a gospel? What elements does it have to include? What does it say about Jesus? Who is the audience to whom the author is writing? Why is the author writing and what does the author find important?

When I was in college, a professor assigned us the task of writing our own gospel narrative. It was an excellent exercise for considering what we believed about Christ, what elements of Jesus' story were important to us, and what made his story relevant.

I have challenged the lectionary group and I challenge you to write your own gospel! I am convening a group of interested people who are willing to dip their toes into the creative writing pool to explore their faith. I have the writing assignment my college professor still uses and we will use that as our guide. We will meet on occasion to talk about some of the gospel themes and the challenges of telling the Good News in our own voices.

The goal is for members of the class to write their own gospels by Easter. During Eastertide we will gather to read each other's gospels and explore the differences and similarities.

If you are interested in being a part of this group, please email me. Once we have our core group set, I'll send links to instructions and articles that will help clarify some of the terms. This is purely a fun exercise to help us explore our beliefs more deeply. I hope you all will consider diving into the world of creative writing!
Mary+

United Thank Offering (UTO)—Jan Bomar

Prayers of thanksgiving start when we recognize and name our many daily blessings. Thankfulness can also lead to generosity as you consider your donations to the many organizations soliciting you for contributions for their worthy causes during Advent and throughout the year. There is so much need in Rabun County and elsewhere in the United States and the world.



The United Thank Offering is a ministry of the Episcopal Church that began in 1889. Through the UTO, children, women and men can nurture the habit of giving daily thanks to God by putting their loose change from their pockets in the blue UTO box at the end of the day. It is amazing how quickly this adds up. All offerings are used by UTO to support grants for ministries at home and overseas as one of the outreaches of the Episcopal Church. Your prayers and offerings make it possible for the UTO mission to stretch in unexpected ways.

Some ways you and your family can participate are as follows:

- ◆ Pick up a couple of the blue UTO boxes at Saint James and place them in prominent places in your home - like the kitchen counter, or wherever you keep your keys, wallet or purse. At the end of each day, place all of the loose change and small bills in your pocket or purse into the UTO box.
- ◆ If you have children, during dinner go around the table and share one thing for which you are truly grateful that day. Pass the UTO Box around and ask family members to contribute in thanks for a person they love.
- ◆ When saying prayers in the morning or at night, make a ritual offering to thank God for being there to hear your prayers.
- ◆ Write a check payable to Saint James Episcopal Church, Clayton, and place "UTO Offering" on the memo line.

Your UTO offerings at Saint James are forwarded to the Diocese of Atlanta and consolidated with UTO contributions from other Parishes in the Diocese. By combining the UTO contributions from across the Diocese and the United States, it is possible to fund significant projects that make a real difference in the work of the Episcopal Church in the Anglican Communion, and that make a real difference in people's lives. Beneficiaries in the Diocese of Atlanta have received a share of the UTO contributions in the past.

If you have UTO Boxes that you would like to turn in, please leave them in the Parish Hall or Church Office so that your offerings can be sent to the Diocese in December. If you prefer to write a check, please make it payable to Saint James Episcopal Church, Clayton, and put "UTO Offering" on the memo line.

Also, don't forget to pick up a new UTO Box in the Parish Hall for your 2019 contributions.

Pastoral Care Team — Kathy Booker

From the Pastoral Care Team

Mark your calendar for the upcoming Lunch & Learn on Friday, November 2, 11:30am-1:00pm. The topic is “Ribbons and Wrappings: Memories, Reflections and Reality of the Holidays”. The program will be presented by Mary+ Demmler. It will be an opportunity to explore and discuss how to manage the holidays and the emotions we experience. Call or email the office to register.

The AARP Smart Driver course will be offered on Monday, November 5, in the Parish Hall. Class starts at 9:00a and ends at 4:00pm. You will learn the latest information available on driving safely. Registration can be done in the office or by email.

Remember to let the Pastoral Care Team know if there are situations where we can offer assistance.

The holiday season begins this month -



Outreach — Peggy Melton

Saint James Outreach helped a Special Education student pay his graduation expenses.



The November Outreach Committee meeting will be November 14, 10:00am, in the Parish Hall.

To read the *Our Little Roses Mission Society* October 2018 newsletter, <https://www.stjamesclayton.org/outreach/>. Scroll down to the bottom of the page.

Daughters of the King – Mary Flanigen

The Saint James chapter of The Order of the Daughters of the King will gather this month on Saturday, November 10, 10:00 AM to enjoy a picnic outing together. Lunch will be provided. As usual, we will have a short meeting to discuss upcoming activities and projects and to pass along information from the DOK national and diocesan offices. We will car-pool from the lower parking lot. If you would like to join us, please call Lee Burson at 706-982-5349.

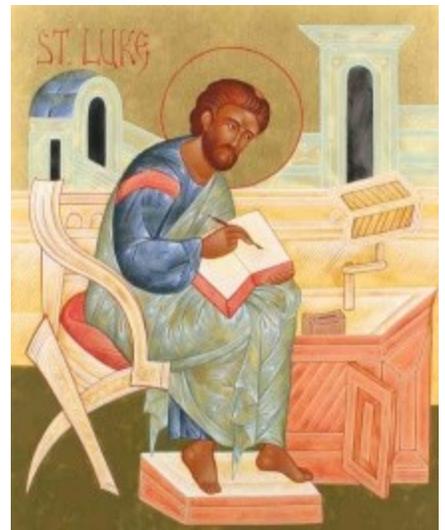


We invite anyone who would like to learn more about our Order, or simply join us each month in worship, study and fellowship, to attend our gatherings and other events. The Saint James Chapter is open for membership to all women who are communicants of Saint James Church. Each Daughter pledges herself to a life-long program of prayer, service, and evangelism dedicated to the spread of Christ's Kingdom and the strengthening of the spiritual life of the parish.

Christian Formation – Dan Wilson

"WHAT MAKES LUKE LUKE?" BEGINS!
Participants may choose to start either
Sunday, November 18 at 2:00PM or Monday,
November 19 at 10:00 AM

Just in time as the Lectionary changes over to a heavy emphasis on the Gospel of Luke, St. James will be offering a comprehensive and in-depth conversation about Luke with The Reverend Dan Wilson leading. Due to popular demand two time slots will be offered each month with participants being able to attend either time as they choose.



Each month we will gather for 2 ½ hours on the following dates:
November 18 / November 19; December 9 / December 10; January 13 / January 14;
February 10/February 11; March 10 / March 11; April 14 / April 15.

All Sunday groups will begin at 2 PM and all Monday groups will begin at 10 AM. Participants are free to switch group affiliation in a given month to accommodate their personal schedules. **Prior to our November start dates** participants will need to contact the church office (706 782-6179) for study guides and the first homework assignments.

Garden Guild—Kathy Booker

Snips from the Garden

Fall has been slow in arriving this year – the leaves are just now beginning to show their colors. With the lower temperatures, hopefully, the season will progress to its normal status in the gardens – just in time for everything to bed down for the winter season.

A recent workday provided a general cleanup of the areas. Many thanks to all the helpers who shared in the fun of making everything look nice. The gardens are ready to go dormant for the next few months.



Have you noticed the maple tree on the upper side of the office? Last week the leaves were still green. On Sunday they were a beautiful yellow. When it disrobes, the trunk and limbs will be red. Be sure to enjoy the lovely color of this tree. It is a coral-bark Japanese maple tree.

Make it a point to visit the gardens during the cooler weeks and months. You will enjoy a different appearance and feel.

Have you finished your garden chores for the fall yet? In November you need to:

- Get ready for the frost – it's the last chance to save any sensitive plants before the freeze gets them
- Time to rake – those oaks are going to drop many leaves between now and the springtime.
- Get the compost area ready to receive those leaves – they will break down faster if shredded or mowed before placing them in the pile.
- Plant spring flowering bulbs. Daffodils, allium, Dutch iris, and tulips will be a great addition in your garden next spring.
- November is the time to plant deciduous shrubs and trees. They are easier and healthier to transplant. It gives the transplants time to establish root systems before they leaf out in the spring.
- Dormant perennials can also be safely transplanted now. New transplants will need to be watered until they are established.

Stewardship – Nannette Curran & Ginny Heckel

Our Consecration Sunday Service on October 28, and the Celebration Lunch service that followed, was well attended. Led by our guest preacher, The Rev. Jenna Strizak, she spoke about gratitude to God for our lives and our blessings, and the importance of making a financial commitment to Saint James in gratitude for God's blessings and our personal relationship with God. Those in attendance completed their commitment cards and placed them on the altar.

Everyone who was unable to attend this service will be mailed a commitment card this coming week. Please prayerfully consider what percent of your income you will pledge to Saint James for God's presence in your life and for God's work that is being accomplished at Saint James.



Quilter - Renee' Ramsay

I didn't start quilting until 2009, but after my first strip quilt I was hooked and have been quilting ever since. I enjoy appliqué and making small seasonal/theme wall hangings (6" x 22"). I started these when my mother went into an assisted living facility and had only small wall space in her living room. She could change mini's each season or holiday for variety. I was an educator for most of my professional career.

The pattern of this quilt is called "You Must Be Croaking" designed by Karen Brow. I made this quilt for a great nephew that hadn't been born yet in hopes I would have it completed by the time he turned 4 or 5. He is now almost 2 and will one day have this quilt. My husband also loves the quilt and didn't want me to give it away just yet so that is another reason why I still have it. The frog bellies are made with batik fabric. The large frog is appliquéd, the other frogs are pieced. I pieced the quilt and Jimmy Goodman quilted it.



Parish Posting - The Rev. Mary Demmler

What does it mean to live fully as a member of the Episcopal branch of the Jesus Movement? Our Presiding Bishop Michael Curry is inviting the whole of the church to take up The Way of Love in order to explore how live a Jesus-Centered Life. You can learn more about his invitation, including watch a short video, at www.episcopalchurch.org/explore-way-love.

At Saint James, we are taking up the invitation to learn, pray, worship, bless, go, rest, and turn, by forming a Way of Love small group. This group will meet once or twice a month at the Rev. Mary Demmler's house for lunch. Each session will last two hours and sessions will be scheduled according to the availability of the participants, probably on a Monday or Tuesday. If there is enough interest, a second group may be formed for an evening meeting. The meetings will include a meal, study, time for reflection, and time for sharing. The small group may be no more than twelve people and participants must commit to ten sessions. The hope is that the participants in the first group or two will become facilitators for future groups.

To explore the curriculum, visit https://www.episcopalchurch.org/files/documents/way_of_love_small_group_curriculum.pdf. These groups are not limited to members. Preferably, each group would include several people who are peripheral to Saint James and want to explore their faith in a setting outside of Sunday worship.

The first group will begin either in December or January.

Here is the letter of invitation from the PB:

An Invitation from Presiding Bishop Michael B. Curry to Practice the Way of Love

I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. – Ephesians 3:17-19

In the first century Jesus of Nazareth inspired a movement. A community of people whose lives were centered on Jesus Christ and committed to living the way of God's unconditional, unselfish, sacrificial, and redemptive love. Before they were called "church" or "Christian," this Jesus Movement was simply called "the way."

Today I believe our vocation is to live as the Episcopal branch of the Jesus Movement. But how can we together grow more deeply with Jesus Christ at the center of our lives, so we can bear witness to his way of love in and for the world?

Continued on following page

The deep roots of our Christian tradition may offer just such a path. For centuries, monastic communities have shaped their lives around rhythms and disciplines for following Jesus together. Such a pattern is known as a “Rule of Life.” The framework you now hold – *The Way of Love: Practices for Jesus-Centered Life* – outlines a Rule for the Episcopal branch of the Jesus Movement.

It is designed to be spare and spacious, so that individuals, ministry groups, congregations, and networks can flesh it out in unique ways and build a church-wide treasure trove of stories and resources. There is no specific order you need to follow. If you already keep a Rule or spiritual disciplines, you might reflect and discover how that path intersects with this one. By entering into reflection, discernment and commitment around the practices of Turn - Learn - Pray - Worship - Bless - Go - Rest, I pray we will grow as communities following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world.

Your brother in the Way of Jesus,
+Michael

The Most Reverend Michael B. Curry, Primate and Presiding Bishop of the Episcopal Church

Peripatetic Worship

From Bev Mannes-

We went into this church on our vacation. It is Trinity Episcopal Church on Mackinac Island. Too dark inside for photos but it was open!



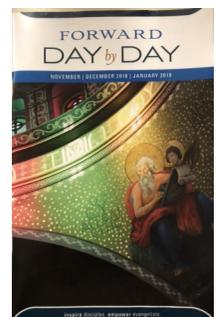
Announcements

PARISH MEETING

There will be a parish meeting on Sunday, November 11, at 9:15 a.m. The agenda will include the presentation of 2019-2021 Vestry members, revised by-laws, and a summary of this year's Annual Council. Annual Council will be held at Holy Innocents Church with The Reverend Mary Demmler; and delegates, Ginny Heckel and Lynda White representing Saint James.

FORWARD DAY BY DAY DEVOTIONAL

The November, December and January devotional booklets (large print and regular print) are now available and are located in the in the Parish Hall. Pick up your copy today.



RETIREES LUNCH

The Retirees Lunch will be held at Ishy's Grill on Tuesday, November 6 at noon. We each pay for our own meal and enjoy good fellowship.

SPIRITUALITY CONFERENCE

Registration is open for the 2018 Spirituality Conference at the Cathedral of St. Philip – November 3

A Day with the Rev. Becca Stevens: Exploring Creative and Relevant Ways of Practicing Justice, Healing, and Love

Join us for this incredible opportunity! We will spend the day in intentional acts that promote the healing and justice corollaries of love. This includes storytelling, creating healing oils and participating in a justice tea ceremony. The hope for the day is that all the participants receive practical tools to carry back to their own communities and feel inspired to go out to love the world.

This day-long conference also includes lectures, discussion, question & answer, and book signing.

Saturday, November 3, 2018; 9:30 a.m. – 3 p.m.

For more info and registration, visit the website: <https://www.cathedralatl.org/worship/spirituality/spirituality-conference/>

HERB GARDEN

Did you know Saint James has an herb garden and it's bursting with herbs? Fennel, Oregano, Parsley, Basil, Sage, and MUCH more! You are invited to snip whatever herbs you need as you prepare your meals—made all the more delicious by using fresh herbs from the Herb Garden. Scissors and plastic bags are located in the bird house at the rear of the garden.

Snipped herbs can be stored in a zip bag in your freezer for use at a later date.

The Reverend Mary Demmler's Blog, *Prayerful Kitchen*

<https://www.stjamesclayton.org/reverend-marys-blog/>

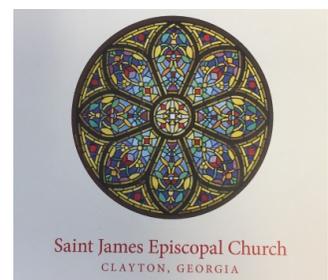
If you want to subscribe to Mary+'s blog, email mdemmler@gmail.com

FLOWER CHART—2019

The 2019 flower chart for designating flowers on the altar each Sunday is located on the bulletin board in the parish hall. Parishioners can honor, celebrate, or remember a special occasion or person. Choose the Sunday you wish, then send a contribution of \$40.00 (*note price change*) to the church office to cover the cost of the flowers.

SAINT JAMES NOTECARDS

We have beautiful note cards for sale in the church office. The cards with our stained glass rose window on the cover are available for \$1.00 each, 10 for \$8, or 12 for \$10. All proceeds will benefit the Pastoral Care Team.



INFORMATION NEEDED

The Pastoral Care Team would like to collect/update emergency contact information for each of our members. Please email or call the church office to provide the name and contact information of the person, other than your spouse, that we may contact in the event of an emergency.

FACEBOOK

If you are on Facebook, take a moment to “like” the Saint James Episcopal, Clayton, Georgia, Facebook Page and invite a friend! If you don’t have a page yourself, you still can visit to see photo albums and notices.

<https://www.facebook.com/pages/St-James-Episcopal-Clayton-GA/136165709779019>

INSTAGRAM

Check out Saint James’ on Instagram.

<https://www.instagram.com/saintjamesclayton/>

If you are an Instagram user, and are interested in posting Saint James images to the Saint James Instagram page, please let Ginny Heckel (gheckel@wt.net) know. We would love to have contributors to the page. Login and password will be provided.

FOR FAITH

A weekly devotional from Bishop Rob Wright

To sign up for Bishop Robert Wright’s weekly “FOR FAITH”, go to:

<https://www.episcopalatlanta.org/news/connecting/>

At the bottom of the page, click on “Sign up for emails”.



CARE NOTES

CareNotes are located in the lower entrance to the church. Please feel free to go by and see if there is a topic that might be helpful for you or a friend. A wide range of topics are available to you at no cost. There are also CareNotes that will help your children and grandchildren. Stop by and take a look.

MEDICAL EQUIPMENT

Several medical equipment items are available in our inventory for loan. Contact Jack Bream if you are in need of an item—we may have it.



RECYCLE

Any parts of your bulletin that you do not want to keep, please leave in the rear of the church following the service. They will be recycled!

BROWN BAG SUNDAY

Thanks to all who bring in groceries once a month for Rabun Sharing and Caring. We are the only church who does this on a regular basis! Please limit the food you bring to small packages. A list of grocery needs can be picked up the 3rd Sunday of each month, and on the following Sunday (4th Sunday) return full grocery bags to the Parish Hall.



On the first Sunday of each month, please bring your donations for the critters at Paws4Life, and leave them in the Parish Hall. The shelter needs: Adult & puppy dog food, canned & dry cat & kitten food. (Please, no Ol' Roy brand dog food.) They always need cat litter, and appreciate the environmentally friendly wood pellets. The shelter staff and their furry residents say, *Thanks!*

PARISH HALL

For all who use the Parish Hall during the week, it would be helpful if you would please return the tables and chairs to the place you found them! Thank you!

Passages

Happy Birthday

11/4 Roland Clemmons
11/5 Christopher Curran
11/8 Martha Ezzard
11/18 Vicki Darrah
11/18 Mary Ann Williams
11/19 Walter Henderson
11/19 MC Phillips
11/22 Bob Holt
11/23 Sandy Simon
11/25 Linda Ball
11/27 Spurgeon Hays

Happy Anniversary

11/4 Jan & Tom Danielson
11/21 Jane & David Apple
11/24 Marian & Ron Jakubiak



the lectionary



The Lessons appointed for use—RCL Year B

**ALL SAINTS
(November 1, moved to November 4)**

Wisdom of Solomon 3:1-9
Psalm 24
Revelation 21:1-6a
John 11:32-44

**TWENTY-FIFTH SUNDAY AFTER
PENTECOST
(November 11)**

1 Kings 17:8-16
Psalm 146
Hebrews 9:24-28
Mark 12:38-44

**TWENTY-SIXTH SUNDAY AFTER
PENTECOST
(November 18)**

Daniel 12:1-3
Psalm 16
Hebrews 10:11-14 (15-18) 19-25
Mark 13:1-8

**LAST SUNDAY AFTER PENTECOST
CHRIST THE KING
(November 25)**

Daniel 7:9-10, 13-14
Psalm 93
Revelation 1:4b-8
John 18:33-37

Lay Servers – Bonnie Klinect

November 2018

	4-Nov	11-Nov	18-Nov	25-Nov
8:00 AM				
Lector	Sandy Hunter	Vicki Darrah	Linda Barden	Kathy Booker
Eucharistic Minister	Ann Inman	Ginny Heckel	Ron Barden	Marcus Booker
Usher	Pam and Roland Clemmons	Kathy Booker Mary Thornton	Betsy Elsas Jack Bream	Kathy & Rocky Ford
VPOD	Jan Bomar	Lynda White	Brian Phillips	Jack Bream
10:30 AM				
VPOD	Jack Bream	Ginny Heckel	Jan Bomar	Becky Callahan
Lector	David Fore	Jacqueline Groover	Mary Lu Gunn	Susan Staiger
Eucharistic Minister	Jennifer Moore Erika Klimasewski	Peggy Melton Bonnie Klinect	Paulette Williams	Peggy Melton
Acolyte	Huston Sgro	Hannah Demmler	Bagley Sgro	Cassidy Klimasewski
Intercessor	Deacon Sgro	Jacqueline Groover	Deacon Sgro	Deacon Sgro
Altar Guild	Lee Burson and Peggy Melton			
Tellers	Janice Grant Nannette Curran	Terry Klinect Tom Callahan	Dustin Emhart Charles Groover	Jim Zobel Camille Day
Ushers	Becky & Tom Callahan	Erika Klimasewski Lynda White	Jan and Bill Bomar	Dustin Emhart Mary Wilson

Altar Flower Schedule – John Templeton

November 4, 2018-November 25, 2018

November

4	Kathy Booker	The Twenty-Fourth Sunday of Pentecost - Green Altar Hanging
11	Sharyn McCabe	The Twenty-Fifth Sunday after Pentecost - Green Altar Hangings
18	Betsy Elsas	The Twenty-Sixth Sunday after Pentecost -Green Altar Hangings
25	Tim Burns	The Last Sunday after Pentecost, Christ the King - White Altar Hangings

Members

John Templeton	706-212-0031	jht1938@windstream.net
Bev Mannes	706-782-9717	bjm99@windstream.net
Peggy Melton	706-782-5112	eston@windstream.net
Tim Burns	303-658-4961	timb10pop@yahoo.com
Sharyn McCade	706-782-5594	Shay38@bellsouth.net
Kathy Booker	706-782-9203	kbooker@truvista.com
Karen Pietrowicz	706-782-9781	pietrowicz@msn.com
Betsy Elsas	706-782-2122	Betsyelsas@gmail.com
Rebecca Brandon	863-632-5556	rebasid@aol.com

Please arrange your own substitute if you are unable to do the flowers for your assigned week and let Bonnie know by Tuesday of the week before your Sunday. I would also like to know as I am keeping the Master Schedule. All supplies are in the Flower Room. Please notify me if we need oasis or other supplies.

I hope all of you know how much I appreciate your hard work...but isn't it fun. Thank you so much!

Please Note...Flowers closest to Sept. 26th in memory of Bo Mentzer and closest to Dec 17th in memory of Elizabeth Murrell. This is an annual request.

The Most Rev. Michael Curry, Presiding Bishop
The Rt. Rev. Robert Wright, Bishop, Diocese of Atlanta
The Rt. Rev. Donald Wimberly, Assisting Bishop, Diocese of Atlanta
The Rev. Mary Demmler, Rector
Dr. Anthony Sgro, Deacon

Vestry and Staff

<i>Lynda White, Sr. Warden</i>	<i>706-782-3150</i>	<i>Bonnie Klinect, Parish Admin</i>	<i>706-782-6179</i>
<i>Jack Bream, Jr. Warden</i>	<i>706-782-2122</i>	<i>David Tatum, Treasurer</i>	<i>706-782-2875</i>
<i>Jan Bomar</i>	<i>706-782-1436</i>	<i>Alan White, Music Director</i>	<i>706-782-3150</i>
<i>Becky Callahan</i>	<i>706-782-8429</i>	<i>Robin Rogers, Organist</i>	<i>828-837-4219</i>
<i>Ginny Heckel</i>	<i>706-490-2867</i>	<i>Kathy Booker, Parish Nurse</i>	<i>706-782-9203</i>
<i>Brian Phillips</i>	<i>706-982-3507</i>	<i>Cheryl McKay, Sexton</i>	<i>706-970-7348</i>
<i>Linda Barden, Vestry Clerk</i>	<i>706-746-0272</i>	<i>Robert Bleckley, Mowing</i>	<i>706-782-3467</i>
		<i>Ginny Heckel, Newsletter Editor</i>	<i>706-490-2867</i>
			<u><i>gheckel@wt.net</i></u>



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"The end result of mission must not be a better church. The end result of mission must be a changed community."